



Prevention & Intervention with High-Risk Mothers and Their Children

Washington State Health Care Authority

Division of Behavioral Health and Recovery

The Parent-Child Assistance Program (PCAP) is an award winning, evidence-informed, 3-year case-management model for pregnant and parenting women with substance use disorders.

The Goals of PCAP

- To empower mother and prevent future births of children exposed prenatally to alcohol and drugs
- Access community resources which reinforce protective factors and promote family wellbeing

Who is Eligible?

Women are eligible for PCAP if they:

- Self report any substance use during pregnancy (including legal substances and MAT)
- are pregnant or up to 24 months postpartum

Alternatively, women **may** be eligible for PCAP if they:

- have a child diagnosed with Fetal Alcohol Spectrum Disorder or Neonatal Abstinence Syndrome

~or~

- are currently using alcohol/drugs, and are in their childbearing years

Participation is Confidential and Voluntary

To Make a Referral:

Contact the nearest county PCAP site:

Benton (509) 578-1501	Mason (360) 754-7629
Chelan (509) 888-6945	Pacific (360) 463-9973
Clallam (360) 808-5517	Pierce (253) 475-0623
Clark (360) 831-0908	Skagit (360) 428-6622
Cowlitz (360) 353-3444	Snohomish (425) 259-7142 #200
Franklin (509) 578-1501	Spokane (509) 838-6092 #622
Grays Harbor (360) 463-9973	Thurston (360) 754-7629
King (206) 739-5466	Whatcom (360) 734-4616
Kitsap (360) 377-0370	Yakima (509) 907-1105
Lewis (360) 754-7629	

Affiliated with:

*University of Washington School of Medicine
- Addictions, Drug & Alcohol Institute (ADAI)*



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Thurston, Lewis, & Mason Counties

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