

GUIDING GOOD CHOICES PARENTING TOGETHER SERIES LEWIS COUNTY

Weekly Gatherings April 25, 2024 - May 30, 2024 **Thursdays** 6:00 - 7:30 PM

Location: FESS - Lewis County

605 W. Main St Centralia, WA 98531

Join us for a nationally-recognized, evidencebased parenting workshop series. Topics include positive discipline tools, communication skills, child development and stress/anger management. Each of the sessions includes a FREE MEAL, childcare and take home practices that can be applied immediately.

For more information or to register:

<u>www.familyess.org</u> or call (360) 754-7629



Washington State Health Care Authority



FREE FOOD, CHILDCARE & DOOR PRIZES !

MEET & CONNECT WITH OTHER PARENTS

LEARN PRACTICAL TOOLS, TIPS, STRATEGIES

Family Education & Support Services is an equal opportunity employer and service provider and does not discriminate.

SAFE CHILDREN | STRONG FAMILIES | HEALTHY COMMUNITIES