



# FESS

FAMILY EDUCATION & SUPPORT SERVICES

# DYNAMIC DADS

**Dynamic Dads** is a 14-week court approved, evidence-based parenting class for fathers which uses the “Nurturing Fathers” Curriculum, supplemented with discussion and presentations. It is an opportunity for men to grow in the company of other men on a pathway to becoming “Dynamic Dads.”

Class Cohorts begin monthly - Please call for start dates for the next class or visit [familyess.org/classes](http://familyess.org/classes).

## What we will cover:

- Roots of fathering
- Self nurturing skills
- Fathering without fear of violence
- Self care and stress management
- The value of play
- Balance of work and family
- Discipline and guidance techniques
- Community resources
- and more..

Upon completion of this class you will receive a certification of completion.

Family Education & Support Services is an equal opportunity employer and service provider and does not discriminate.



## SIGN UP TODAY!

### Live Virtual Dynamic Dads

For class information &  
to register visit:  
[Familyess.org/classes](http://Familyess.org/classes)  
or call (360) 754-7629



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**SAFE CHILDREN | STRONG FAMILIES | HEALTHY COMMUNITIES**

# REGISTRATION INFORMATION

Please contact us for class fee. Family Education & Support Services is a contracted provider of parenting classes with Washington State. Children's Services Provider #438968

In partnership with South Puget Sound Community College, details will be discussed at orientation for receiving one (1) college credit for this class.

To register for class call (360)754-7629, toll free 1(877)813-2828 or online at [FAMILYESS.ORG](http://FAMILYESS.ORG).

Every effort will be made to locate an interpreter for non-English speaking participants. Washington Relay Service for Hearing and Speech Impaired (ONLY) 1(800)833-6388.

## ADDITIONAL INFORMATION

All participants who register will be screened for restraining orders to avoid conflicts in attendance.

The Seminar fee may be discounted for those whose incomes can be verified to fall below poverty guidelines. Examples of income verification are: paycheck stubs and Washington State Financial Assistance documents.

Family Education & Support Services is an equal opportunity services provider and does not discriminate on the basis of race, color, religion, national origin, age, marital status, sexual orientation, or disability.



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