Thurston-Lewis-Mason Counties
April ~ 2022

Our Mission
To inspire healthy child development through the provision of quality family support services

We Are Family Day
Sunday, May 8, 10:30 am

Through a family-centered approach, our mission is to inspire healthy child development through the provision of quality family support services.

Kaleidoscope Play & Learn
Free Playgroup!

Kaleidoscope Play & Learn is a development-centered playgroup for children ages birth to five and their caregivers/parents.

Our trained playgroup facilitators lead engaging circle-time activities including story time, songs, interactive games, and art activities.

Kaleidoscope Play & Learn helps families prepare children for success in school and life.

Caregivers will learn about:
• Child development
• Activities they can do at home to support children’s learning
• Community resources

JOIN US!
Zoom Meeting Virtual Playgroups
Mondays, 10:30 am
Wednesdays, 2:30 pm

In-person Playgroups
Tuesdays, 10:30 am (Olympia)
Fridays, 10:30 am (Shelton)

Call or email for information and to pre-register:
info@ccwca.org or 360.753.7267

Alliance for Child Welfare Excellence
https://allianceforchildwelfare.org/

Tailored support for caregivers
Get to know Alliance Cares, offering personalized help and information.

The Parental Compass
https://www.parentalcompass.org/

Family Education & Support Services
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Teen Building Resilience
Gardening with Your Children

In April most garden lovers are outside preparing the earth for the first planting. Whether you have a large plot of land to till or a few pots on the patio for flowers and herbs, children often want to participate in the fun.

Garden responsibilities will depend on the age of the child. Young children might enjoy a small patch of garden or to claim their own patio flowerpot. There are some considerations for youngsters, large seeds for tiny hands, child friendly garden tools, and choosing flowers and vegetables that have a nice scent, grow quickly and are easily recognizable. Snow peas, cherry tomatoes and pumpkins are some fun familiar options.

While planning the garden, planting the seeds and making sure they get enough water and sunlight may bring a sense of wonder to youngsters, older children may not as easily warm to the task. Planting, weeding, and watering might feel like just another chore. Another way to expose all the children to the joy of fresh farmed vegetables is a visit to the Farmer’s Market. With music, balloon animals, ice cream cones and several bakeries, there is something for the whole family. A Saturday afternoon visit to the Market is a great way to celebrate the season and a healthy place for tweens and teens to meet up with friends. Either way we wish you a wonderful Spring season!

Join the Kinship Group on Zoom

Take a much needed break, meet up with your fellow Kinship Caregivers & enjoy some well deserved “Me Time” in a very supportive environment.

Meetings are:
*NEW* Tuesday Afternoons 12:30- 2 pm
Wednesday Evenings 6:30 - 8 pm
Contact Tammara for signup information:
Tammara@familyess.org

Stay Updated on COVID-19 with the most recent information on our Kinship Facebook Page
Lewis-Mason-Thurston Kinship Caregivers

Antha's Corner

On Monday, April 25th the downtown branch of the Food Bank will be returning to our In-person Shopping Model! Thurston County!

PARENTING PROUD
LGBTQ+ Parenting Support Group

Monthly Meetings
1st Wednesday 6:00 PM - 8:00 PM

(Currently all meetings are virtual)
Live via ZOOM support group
For more information or to register call (360) 754-7629 or visit FAMILYESS.ORG
we will send you a zoom link.

Cultivating a supportive community
A place for LGBTQ+ people who seek to strengthen their parenting skills, to ask questions, share parenting experiences, celebrate family milestones, and provide parenting support.

SAFE CHILDREN | STRONG FAMILIES | HEALTHY COMMUNITIES

The Brookdale Foundation Group
Supporting today's seniors and tomorrow's leaders in aging

Family Education & Support Services
Supporting Families...Strengthening Communities

CRISIS CLINIC
OF THURSTON & MASON COUNTIES
(360) 586-2800