

Monthly Newsletter

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The Parent-Child Assistance Program (PCAP) is an evidence-based home visitation case-management model for mothers who abuse alcohol or drugs during pregnancy. Its goals are to help mothers build healthy families and prevent future births of children exposed prenatally to alcohol and drugs.

The PCAP Approach

Pregnant and parenting women are enrolled in PCAP for 3 years. PCAP forms partnerships with and between clients and families and community service providers.

Site Detail (as of February 2022)

Current Clients: **101** Intakes Scheduled: **2** Currently Monthly Intake Capacity: **5**



PCAP would like to recognize February as Black History Month. To provide families with quality support services, providers need to acknowledge the racial and cultural background of a family and realize how that identity has been shaped and impacted by intergenerational trauma caused by systemic inequality. We can begin to counteract racism by understanding that historical injustices have impacted our client's abilities to successfully navigate the system and help ensure equity for the families we serve.

FESS and PCAP would like to welcome Michael Parker, Thurston County's new coordinator for Family Recovery Court! We look forward to partnering with you and ensuring that our mutual clients receive quality support and service coordination. Do you want to work for a great organization while supporting the community? PCAP is looking for a Case Manager and an Office Assistant. Please click on the link below to apply!



Click To Apply- Case Manager

Click To Apply-Office Assistant

Local Food Bank Websites

Thurston County Food Bank The Saint's Pantry Matlock Food Bank

North Mason Food Bank Greater Chehalis Food Bank

Hub City Mission Food Distribution

VACCINE AND BOOSTER CLINICS

CLICK HERE FOR MORE INFORMATION

PCAP Client Outcomes

After 3 years with a PCAP Case Manager:

- **92%** of clients had completed alcohol/drug treatment programs
- 76% were abstinent from alcohol/ drugs for > 6 months during the program
- **68%** were using family planning methods on a regular basis
- **68%** were in permanent, stable housing

Eligibility Criteria

Women must meet all three criteria.

- 1. Are pregnant or up to 12 months* postpartum
- 2. Used alcohol or drugs during pregnancy
- 3. Are ineffectively connected to community services

~OR~

- Have a child with a Fetal Alcohol Spectrum Disorder (FASD)
- Are currently abusing alcohol
- Are in their childbearing years

PCAP Leadership





Make Play Time Easy With Vroom!

Vroom is a global program of the Bezos Family Foundation. We believe all parents have the potential to create a bright future for their children. Our free, science-based tips and tools help parents and caregivers give children a great start in life today—and an even better future.



Sign Up For Fast Brain Building Fun!



How to make a referral

We are currently in transition with our Administrative Assistant, please be patient with us at this time. To make a referral please **Email** <u>Teya</u> <u>Harris at Teyah@familyess.org</u> or call 360-688-6169 or <u>Kassie Trotter</u> at <u>KassieT@familyess.org</u>, 360-890-0726. Please have verbal authorization and contact information available. We will reach out to complete the screening as soon as possible to confirm eligibility.

We do not make cold calls.

Affiliated with: Addictions, Drug & Alcohol Institute (ADAI) The University of Washington (UW)

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