



# Kinship Newsletter



**Thurston-Lewis-Mason Counties** **November ~ 2021**

*Merry Christmas*

**2021 Jubilee Christmas Giving Tree Program**

**Mark Your Calendars!!!**

**Drive-through Pickup– Friday Dec. 17th**

**1-4pm**

**Santa will be here too!**

**Specific details to follow**

**To-Go Thanksgiving Dinner for Seniors**

**Lewis County**  
For Details and Pre-order by Nov. 19th  
Call 360.496.5112 ext. 4230

Pick up in main parking lot, designated spaces,  
**Thursday, November 25th, 12:30-1:30 p.m.**

**Menu:**  
Turkey, mashed potatoes, dressing, green bean casserole, dinner roll, cranberry sauce and pumpkin pie.

**Cost \$5**

**For seniors 60 and over**  
Limited to two meals per order/pick-up  
Pre-order by November 19th at 360-496-5112, ext. 4230.

Delivery will be available in the Morton area  
for those unable to pick up at the hospital.



**Our Mission**

To inspire healthy child development through the provision of quality family support services

**Familyess.org**

f @ t v i n e



**Join the Kinship Group on Zoom**

**Take a much needed break, meet up with your fellow Kinship Caregivers & enjoy some well deserved “Me Time” in a very supportive environment.**

**Meetings are:**

**\*NEW\* Tuesday Afternoons 12:30– 2 pm**

**Wednesday Evenings 6:30 - 8 pm**

**Contact Tammara for signup information:**

[Tammara@familyess.org](mailto:Tammara@familyess.org)

Happiness does not depend on what happens outside of you but on what happens inside of you; it is measured by the spirit with which you meet the problems of life.

*Harold B. Lee*

**Family Education & Support Services**

**20**  
Years Building Resilience





**The Parental Compass**  
<https://www.parentalcompass.org/feed.xml>



 **Thurston County Food Bank**  
November 12 at 10:15 AM · 🌐

**THANKSGIVING DISTRIBUTION:**  
Thursday, Nov. 18: Mt View Pop Up 10am –1pm  
Monday, Nov. 22: Olympia's Food Pantry 11am-3pm  
Tuesday, Nov. 23: Lacey's Food Pantry 10am –1pm  
Wednesday, Nov. 24: Olympia's Food Pantry 11am-3pm... See more

**THANKSGIVING DISTRIBUTION**


<b>Thursday Nov 18:</b> Mt View Pop Up 10am–1pm	<b>Tuesday Nov 23:</b> Lacey's Food Pantry 10am–1pm
<b>Monday Nov 22:</b> Olympia's Food Pantry 11am–3pm	<b>Wednesday Nov 24:</b> Olympia's Food Pantry 11am–3pm



No advance sign-up needed; distributions are drive-up; one box per family; see post for complete details!

**24 Gratitude Journal Prompts**

1. What does gratitude mean?
2. How does being thankful make you feel?
3. Who are you most thankful for?
4. How can you show you are grateful?
5. Why is being grateful important?
6. Why are you grateful for your body?
7. What is a toy you are thankful for?
8. What are you thankful for in nature?
9. Why are you thankful for your mom?
10. Why are you thankful for your dad?
11. When was the last time you said 'Thank You'?
12. What kind of actions should be thanked?
13. What body part are you grateful for?
14. Why are you grateful for your family?
15. Why are you grateful for your house?
16. Why are you grateful for your teacher?
17. What animal are you most grateful for?
18. When is it important to be grateful?
19. Why are you grateful for your country?
20. How do you show gratitude for your friends?
21. How does it feel to be thanked?
22. What gift could you give to say thanks?
23. What are you thankful for today?
24. How will you show your family you are grateful for them today?



**Thanksgiving Food Boxes**

**Saturday, Nov. 20, 10 AM - 1 PM**  
Drive-thru only, at Mason Co. Food Pantry



Bring your photo ID, a piece of current mail, and ID for everyone in your household.  
**Community Care of Mason County - 606-375-6863**

**Stay Updated on COVID-19 with the most recent information on our Kinship Facebook Page**

Lewis-Mason-Thurston Kinship Caregivers 



**The Brookdale Foundation Group**  
The Brookdale Foundation The Glendale Foundation Ramapo Trust  
Supporting today's seniors and tomorrow's leaders in aging



Area Agency on Aging



**Family Education & Support Services**  
Supporting Families...Strengthening Communities