

Thurston-Lewis-Mason Counties

November ~ 2021



2021 Jubilee Christmas Giving Tree
Program

Mark Your Calendars!!!

Drive-through Pickup- Friday Dec. 17th

1-4pm



Santa will be here too!

Specific details to follow



To-Go For Details and Pre-order by Nov. 19th Thanksgiving Call 360.496.5112 ext. 4230 Dinner for Seniors

Pick up in main parking lot, designated spaces,

Thursday, November 25th, 12:30-1:30 p.m.

Menu:

Turkey, mashed potatoes, dressing, green bean casserole, dinner roll, cranberry sauce and pumpkin pie.

Cost \$5

For seniors 60 and over

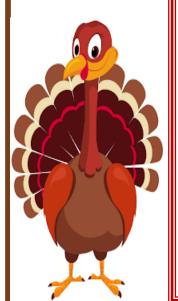
Limited to two meals per order/pick-up Pre-order by November 19th at 360-496-5112, ext. 4230.

Delivery will be available in the Morton area for those unable to pick up at the hospital.

Our Mission

To inspire healthy child development through the provision of quality family support services

Familyess.org



Join the Kinship Group on Zoom

Take a much needed break, meet up with your fellow Kinship Caregivers & enjoy some well deserved "Me Time" in a very supportive environment.

Meetings are:

NEW Tuesday Afternoons 12:30- 2 pm

Wednesday Evenings 6:30 - 8 pm

Contact Tammara for signup information:

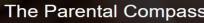
Tammara@familyess.org

zoom

Happiness does not depend on what happens outside of you but on what happens inside of you; it is measured by the spirit with which you meet the problems of life.











24 Gratitude Journal Prompts

1. What does gratitide mean? 13. What body part are you grateful for?

2. How does being thankful make you feel? $^{14}\!\!.$ Why are you grateful for your family?

15. Why are you grateful for your house? 3. Who are you most thankful for?

4. How can you show you are grateful? 16. Why are you grateful for your teacher?

5. Why is being grateful important? 17. What animal are you most grateful for?

6. Why are you grateful for your body? 18. When is it important to be grateful?

7. What is a toy you are thankful for?

19. Why are you grateful for your country?

8. What are you thankful for in nature?

20. How do you show gratitude for your friends?

9. Why are you thankful for your mom?

21. How does it feel to be thanked?

10. Why are you thankful for your dad?

22. What gift could you give to say thanks?

11. When was the last time you said Thank You?

12. What kind of actions should be thanked? 23. What are you thankful for today?

24. How will you show your family you are grateful for them today?

THANKSGIVING DISTRIBUTION

Wednesday, Nov. 24: Olympia's Food Pantry 11am-3pm... See more

Thurston County Food Bank November 12 at 10:15 AM . 3

Thursday, Nov. 18: Mt View Pop Up 10am -1pm Monday, Nov. 22: Olympia's Food Pantry 11am-3pm Tuesday, Nov. 23: Lacey's Food Pantry 10am -1pm

THANKSGIVING DISTRIBUTION:

Thursday Nov 18: Mt View Pop Up 10am-1pm

Monday Nov 22: Olympia's Food Pantry 11am-3pm

Tuesday Nov 23: Lacey's Food Pantry 10am-lpm

Wednesday Nov 24: Olympia's Food Pantry 11am-3pm

No advance sign-up needed; distributions are drive-up; one box per family; see post for complete details!

Thanksgiving Food Boxes

Saturday, Nov. 20, 10 AM - 1 PM Drive-thru only, at Mason Co. Food Pantry



Bring your photo ID, a piece of current mail, and ID for everyone in your household.

Community Care of Mason County - 606-375-6863



Lewis-Mason-Thurston Kinship

Caregivers









The Brookdale Foundation Group

The Brookdale Foundation The Glendale Foundation Ramapo Trust Supporting today's seniors and tomorrow's leaders in aging



