



Kinship Newsletter



Thurston-Lewis-Mason Counties

October ~ 2021



2021 Jubilee Christmas Giving Program

Applications are now being accepted until

October 29th, 2021

Check your email or contact Tammara
for an application at:

Tammara@familyess.org



You CAN help those you love!

QPR Suicide Prevention Training Webinar

Monday 10/4 at 1:00pm

Monday 10/25 at 1:00 pm

CHOICE
Regional Health Network

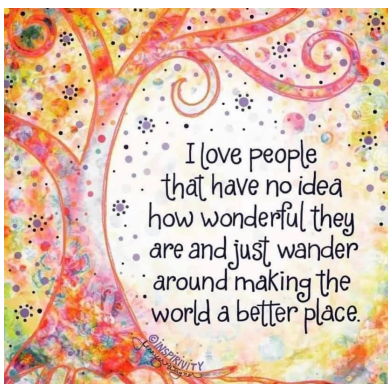
**Family Education
& Support Services**
Regional Resilience Center

What kind of
music did the
mummies play at
the Halloween
party?



Wrap!

Halloween Puns © AllWords.com



Join the Kinship Group on Zoom

Take a much needed break, meet up with your fellow
Kinship Caregivers & enjoy some well deserved
"Me Time" in a very supportive environment.

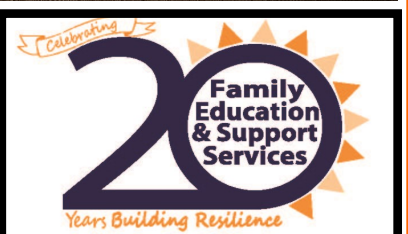
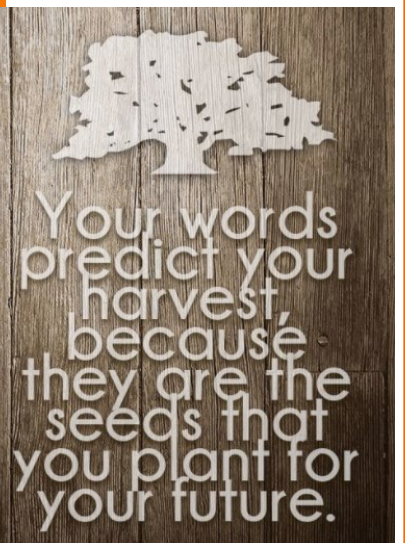
Meetings are:

Wednesday Evenings 6:30 - 8 pm

Contact Tammara for signup information:

Tammara@familyess.org

zoom



Autumn shows us
how beautiful it is
to let things go.



Tenino & Bucoda
Saturday October 23th

MEDICINE TAKE BACK EVENT
10:00AM-2:00PM

Tenino Police Department
358 McClellan St SE

FREE - SAFE - EASY

DRIVE-THRU

Drop off

You can drop

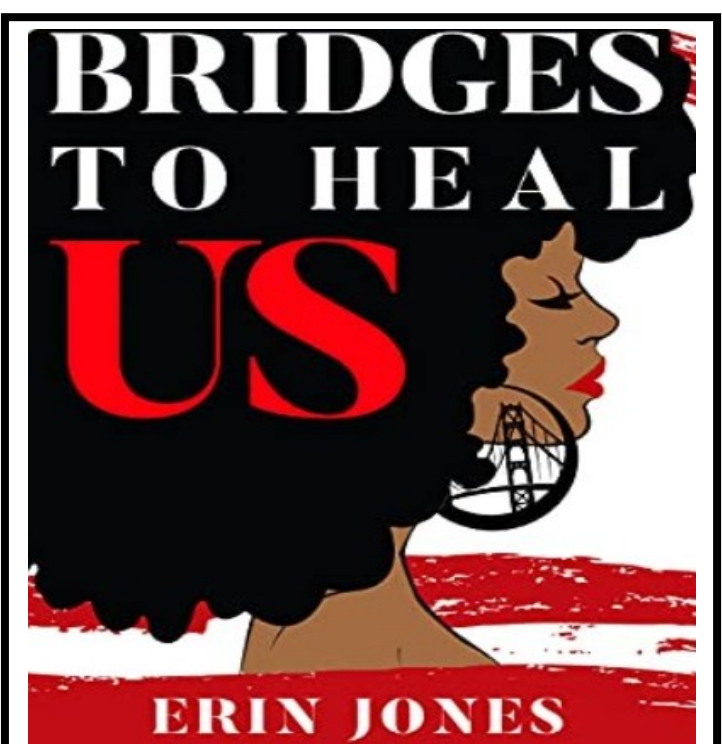
- Prescriptions
- Pet medicine
- Over-the-counter drugs
- Medicated ointments & lotions
- Liquid medicines in leak-proof containers

Sponsored by:

 **B-THAT**
PREVENTION COALITION
www.BTHAT.org

 Washington State Health Care Authority

 THURSTON COUNTY



Erin Jones, independent education & systems consultant, public speaker, and 2021 Strengthening Families Conference keynote speaker, has released her first book. Erin's book helps us to learn how to be and build the bridges necessary to heal the deep wounds of racism in the US. You can find her book on Amazon.

*Small opportunities
are
often the start of
great achievements.*



The Parental Compass

<https://www.parentalcompass.org/feed.xml>



Anatha's Corner



While the Covid 19 pandemic has brought much suffering to the world and our own homes and families, it may not hurt, and it might even help to acknowledge the positive effects of lockdown. One primary effect of fewer cars on the road, more shopping online, and a significant decrease in social gatherings has been nature's return to balance. Since Covid-19, there has been a significant improvement in air and water quality worldwide. Besides this, the widespread use of Zoom and other online applications for connecting with others has brought us new opportunities. Now we include people from across the country and beyond to what were once local classes and support groups, and places of employment can offer more flexible work-at-home options. Our necessary masking has not only helped to keep us safe from Covid, but also other infectious diseases like the flu. Finally, and perhaps more importantly, we may never again take for granted the value of a smile and a hug from friends and loved ones. The pandemic will surely end but perhaps we can take these lessons learned into the future, doing our best to keep ourselves and each other healthy as well as the planet and savoring our connection with friends and family.

**Stay Updated on COVID-19
with the most recent information
on our Kinship Facebook Page**

Lewis-Mason-Thurston Kinship
Caregivers



The Brookdale Foundation Group

The Brookdale Foundation The Glendale Foundation Ramapo Trust
Supporting today's seniors and tomorrow's leaders in aging



**Family Education
& Support Services**
Supporting Families...Strengthening Communities