

Supporting Families. Strengthening Communities.



- Universal family support
- Intensive parenting classes
- Foster & Kinship Care
- Early childhood education
- Domestic violence impact on children
- Help through divorce or family separation

### Find Us On the Web:

FamilyESS.org

- $\Rightarrow$  Register for Classes
- $\Rightarrow$  Explore our Calendar of Events
- $\Rightarrow$  Find Program Information
- $\Rightarrow$  Find Parenting Tips and Resources
- $\Rightarrow$  Contact Staff
- ⇒ Learn More About How You Can Support Our Vision of Hope
- ⇒ Donate money or supplies that we can share with other families in need

Administrative Office 1202 Black Lake Blvd. Suite B Olympia, WA 98502

Phone: 360-754-7629 Toll Free: 1-877-813-2828 Fax: 360-705-3411 Website: FamilyESS.org









Area Agency on Agin

SUPPORTING FAMILIES STRENGTHENING COMMUNITIES

Family Education & Support Services

Supporting Families Strengthening Co

# 2013-2014 Annual Report





# Supporting A Vision of Hope for all Families

## Working Together Highlights from 2013-2014

#### Kinship Navigator Lynn Urvina – Unsung Hero



Lynn Urvina, our Kinship Navigator serving Kinship Caregivers in a tri-county area, received the Washington Unsung Hero Award—a Parent Recognition Award in honor of February's National Parent Leadership Month.

After raising their own four children, Lynn and her husband Lars have joined together to raise their granddaughter Tara and recently accepted a second granddaughter into their home. Any child would be fortunate to be raised by such extraordinary people who go to such great lengths to ensure the safety and well-being of ALL children.

Lynn Urvina with her husband Lars

As a Kinship Navigator, Lynn Urvina leads support groups, presents to community groups about Kinship Care, and often serves as a link to further resources for families in need. Because of Lynn many children in

#### The 2nd Gala and Auction: "Seeds of Hope"

our community are living in safe permanent housing and thriving.

To meet the increasing demand for our services, FESS held its second "Seeds of Hope" Gala and Auction on May 3, 2014, at the Red Lion Hotel in Olympia. We are deeply grateful to our sponsors, donors, and those who attended the event for helping make it a great success, and raise over \$30,000 that will directly support the health and well-being of families in our community.



#### Parenting Instructors/Facilitators

Walt Barfield, CTC Class Presenter Kelly Boyle, CTC Class Presenter Laura Cole, MRT/Kinship Facilitator Scott Hanauer, CTC Class Presenter Sandra Hurd, CTC Class Presenter Sheryl Jackson, CTC/ WAP/ MRT Juli Jager, CTC Class Presenter Keoki Kauanoe, MAF/ PHP Michael Lugue, CTC Class Presenter Joyce Mallinger, Kinship Support Group Morris Miller, CTC Class Presenter Cheryl Stines, Domestic Violence Class Sandie Vest, CTC Class Presenter Howard Winkler, CTC Class Presenter Shelly Willis, MRT, Clean & Sober Class Bruce Wood, CTC Class Presenter

#### Children's Team

Taunya Allred Judith Butcher Tallie Dahman-Aldrich Nicci Daigneault laisha Drath Tami DuBois Sam Frank lared Greene Nolan Henderson Sherrie Hickam Justine Jones Kelly McQuilkin-Corder Michiayla Mitchell Kelli O'Reilly Havlie Osborn Amber Salazar Lilly Serhan Sandra Simpson Christiane Smith-Johnson

Board of Directors Board President Jay Mason Past President Madelin White President Elect, Board Development Jennifer Williamson-Forster Treasurer Ann Jackson **Secretary Bob Partlow Risk Manager** Nancy Koptur **Fundraising Chair** Tanya Murray Personnel Chair David Rothschild Marketing & PR Committee Marilyn Nelson **Program Committee** Bruce Grant Dan Bruner **Steve Perry** 

#### Administrative Staff

Shelly Willis, Executive Director Howard Winkler, Program Manager, Instructor Marc Daigneault, Program Coordinator Carrell Simmons, Administrative Secretary Barb Fetherson, Administrative Assistant Silvia Capmare, Administrative Assistant Lynn Urvina, Kinship Navigator Rosa Venancio, Bilingual Outreach Chris Fraisier, Fiscal Manager Tonia Morrison, Veteran Program Coordinator Junsada Crawley, Veteran Parent Sarah Ray, Veteran Parent Bill Knight, Veteran Parent Tiffany Brown, Veteran Parent

#### Another generous donation from JUBILEE for our Kinship Program



Our friends from Jubilee's Community Service Group once again helped low-income Kinship families celebrate Christmas this year. The generous Jubilee residents purchased gifts or gift cards, so each child was given one item they needed, such as clothing, and one item they wanted, such as a toy. Gifts were distributed by the Kinship Navigator to kinship families in Thurston, Lewis, and Mason Counties.

#### Voices Of Children Contest

On May 19, 2014, we were very proud to honor six children from across Washington State at the annual Voices of Children contest held at the Governor's Mansion. Thanks to Twin Star Credit Union, each child writing a winning entry received a \$100 check and an overnight stay for their family at the G



overnight stay for their family at the Great Wolf Lodge.



First Lady Trudi Inslee, Governor Inslee and Shelly Willis

The event also recognized Kinship Navigators across Washington who provided critical case management to Kinship Families. First Lady Trudi Inslee provided each of the children with a signed certificate and was a wonderful hostess. We also enjoyed a surprise visit from Governor Inslee himself, who

shared an inspirational message of hope and thanks to the Kinship Families in attendance. SOGO provided beautiful music for this beautiful day.

### Other FESS Highlights and Events



We continued to offer FREE weekly Zumba classes for families, serving over 130 individuals - who also made weekly donations.

"Grandparents' Day" celebration was Α held on September 12, 2013 at the Governor's Mansion, where Washington State First Lady Judy Inslee hosted a tea party for grandparents raising children around the state.

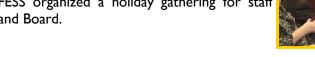




In November, 2013, Board Member Tanya Murray was honored as a "Woman of Distinction" in our community by the YWCA.

FESS organized a holiday gathering for staff and Board.







We had a great turnout at the Kinship Advocacy Day held on January 21, ٠ 2014, at the State Capitol. Our speakers were First Lady Trudi Inslee, Laurie Lippold, Jim Baumgard, and Representative Eric Pettigrew. Kinship Navigator Lynn Urvina and bi-lingual Kinship Navigator Rosa Venancio were very appreciative of our partners from across Washington State who joined us.

Mark & Kazuko Rosen Deb Ross Allen Roth & Colleen Keoski David & Kate Rothschild Carmen Rowe Nancy Rowswell lodi Rush Marcia Sadler Megan Sanders Christine Schaller-Kradjan Kim Schmanke Frank Schnarr Norma Schuiteman Eileen Scott Marilyn Seed Michelle Sever Sam & Ida Sevier Karmel Shields Shanna Shultz Marie Simmons Phil & Carrell Simmons Sarah & Tyghler Simmons Jerri Smith Kim & Jim Smith Norman Smith Tawnya Smith Tiana Smith Iohn Snaza Hillary Soens Susan Somers Laurie Sorensen & Carroll Bryan II Ed Sorger Ryan Spencer Bill & Suzann Stahl Katy Stark

Syrena Stevens Kimber Stewart Iohn Stines Mark & Janet Streuli Jan & Tim Suess Meghan Sullivan Lisa Sutton Ioan Swanson Chuck Szurszewski Adrienne Testa Indu Thomas lesse Thomas Pam Toal David & Carrie Tradewell Minh Trieu Faith Trimble Martha Trupp Ion Tunheim Alan Tyler Ava Underwood Lynn & Lars Urvina Angel Agustin Vega Rosa Venancio Kathy Vermillion Sheryl Walters Amelia Watson Robert & Mary Webb Madelin & Mark White Mike Whittenberg Christopher Wickham Linda Wilcox A Marcella Williams Kimya Williams Bev Willis Tony & Shelly Willis Margaret Wilson Dorothy Wing



Dave Smiley

Leanne Hogan (Winkler) Rolland Mickelson



Jamie Hovis Dan & Sharri Hughes Hye Kyong Hughes Clifford & Linda Hurley Katie & John Hurley Brook Hurst Mark Iler San Juanita Infante Charlie & Mary Isaacson Nancy Ivory Ann Jackson Dusty Jackson Elizabeth Jackson Sheryl Jackson Bob & Bonnie Jacobs lessica lensen Nimira Jetha Dani Johnson Ariya Jordan Andrew J. Kapust Karrin Kassel Keoki Kauanoe & Shelli Slaughter Thomas & Stacy Kearns Nancy Keaton C. Scott Kee Tom Kerns Michael & Erin Kershisnik Toby & Pat Kevin Theresa Klaassen Paul Knox Velma Kohler Nancy Kodtur Yolanda Koptur Sue Kormondy Deanna Kraft Jim Krupke Ionathon Lack Dotti Lane Nancy LaPointe Tiara Lark Vickie Larkin Paul Larsen Rebecca Ledesma Roxie Leigh Michelle Lewis Doug Libby

Joan Lighty **Bill Lingar** Brian Longacre Jerie Longacre Roland Lopez & Jeanine Yoder Marsha & Ron Lorentson Michael Lugue lim Mack Dennis Mahar loyce Mallinger Jane Martin lay & Trista Mason **Richard Maywald** Barney McClanahan Neil & Sandra McClanahan Corrine McDonald Lesley & Helen McDorman Sarah Patterson Mike & Traci McIntire Ron & Robyn McLean Kristina McLeod Emily McMason Reniece McMillan Paul Mena Chris Meserve Laura Meuceus Elizabeth Mickelson Michael & Katya Miltimore Karen Minnick Marii Mitchell Chris Moon Ioanne Moore Kathleen Moore Jane Morgan Kathleen Morrison Tonia Morrison Sarah Moses Lisa Mowrey Tanya & Dan Murray Taylor Murray Brian & Sandy Nelson leff & Michel Nelson Thomas & Loraine Nelson Marilyn & Jim Nelson Norm Nickle Scott Nolan Judy Norton

lane Nowitz Krista & Josh O'Byrne Iohn O'Connell Helena O'Connell Marie O'Connell Clair O'Neill Fred Olsen Melissa Otterman Mae Owada Caprice Paduano Ariana Palomares Leslie Panowicz Maria Pareigis Judy Parent Margaret Parris **Bob Partlow** Crystal Pate Marie & Chad Pearson Pam Pearson Barbara Peavey Anita Pennington Mary Perkins Griselda Perretz-Rosales Patricia Perry Steve & Lisa Perry Christy Peters Carolyn Peterson **Yvonne Pettus** Cleve & Marty Pinnix Berenice Plazas Marvalice Pontarolo **Ioann Powers** Cynthia & David Pratt Roger & Kaye Prengel Bonnie Ouillici Jennie & Kevin Rapacz James & Susan Raymond Margie Reeves Mary Jo Rice Dale Richart Crista Rifenberg Rebecca & Daniel Riker Vern Robitaille Judith Roderick Shaun Rohr Sandra & Fred Romero



In April 2014, 1,000 pinwheels for child abuse and neglect prevention were planted by Vicky Hayes, Judy King, Jenni Olmstead, Shelly Willis, Richard Hoeltge Jr., Jullysa Fox, Silvia Heiser, Kim and Jim Smith, Richard and Mica Hoeltge, and Penny Michel at the State Capitol during Arts Walk. We also had an art display featuring our Voices of Children drawings.

In June 2014, Kinship Navigator Lynn Urvina represented Family Education and Support Services in Washington, D.C., as she advocated for Kinship Caregiver rights with other Advocates for Families First-a partnership of Generations United, the National Foster Parent Association, and the North American Council on Adoptable Children.



Lvnn Urvina meets with Congressman Denny Heck

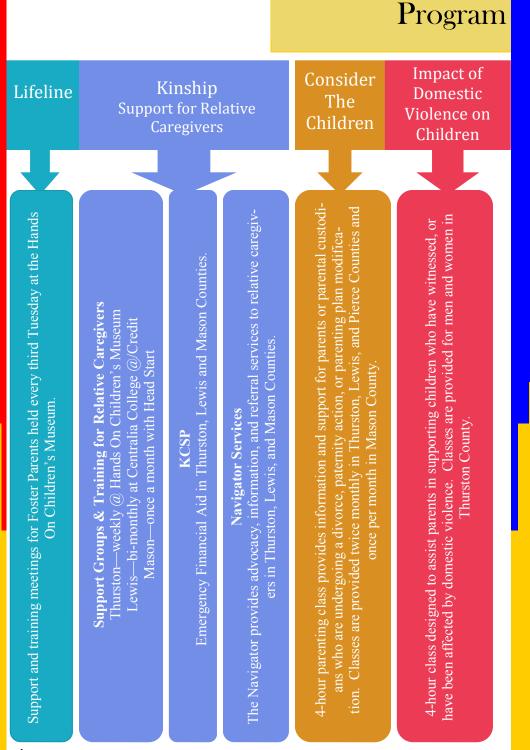


On June 16, 2014, the Olympia Kiwanis honored our Board President Jay Mason with an award for Law Enforcement Officer of the Year. Tumwater Police recognized Lieutenant Jay Mason for being "the consummate police officer who is hungry all the time and devours knowledge and information which he shares with others."

Jay Mason with his wife Trista and Tumwater Police Chief John Stines

#### Marketing and Outreach

- Mixx 96 welcomed us to present on the "In our Community" segment with Dick Pust regarding our efforts to reduce child abuse with "Period of Purple Crying."
- We presented on our FESS programs for a Mason County radio station.
- President Jay Mason spoke to the Kiwanis Club, Zonta Club, and West Olympia Rotary on behalf of FESS. Board Member Marilyn Nelson was also present for several of these presentations.
- Two proclamations in May: one by the Governor identifying May 18<sup>th</sup> as Kin Caregiver's Day and one by our County Commissioners identifying April as Child Abuse Prevention Awareness month.



# Individual donors

Julie Alexander Linda Alvarado Sharonda Amamilo Judy Anderson Donna Arnold & Jim Mowrey Ann Aubuchon Dixie Balthrop Norbert & Lori Bame **Tiffany Barnes** Jerry & Margaret Barney Paul & Shirley Battan **Emily Bauder** Jennifer Bavly letta Beacon Debi Beagle lason Bennett Diane Bergt Patricia & Terry Bernard Laina Berry Bobbi Blankenship Karma Boardman Lanie Bolieu Michele Borugue Jolene Bradley Tim Braniff Elizabeth Bretshinder Dan Bruner Linda & Jon Bryant **Jacqueline Bulldis** Oneta Bunnell Michael Cade Kristi Canfield Sara Carpenter Maria Carruth Paula Casey Elena Ceban Zella Cedell lim Chamberlain Patricia Chavez Charles Clapperton Linda Clark Cameron Cockrell Mary Conklin

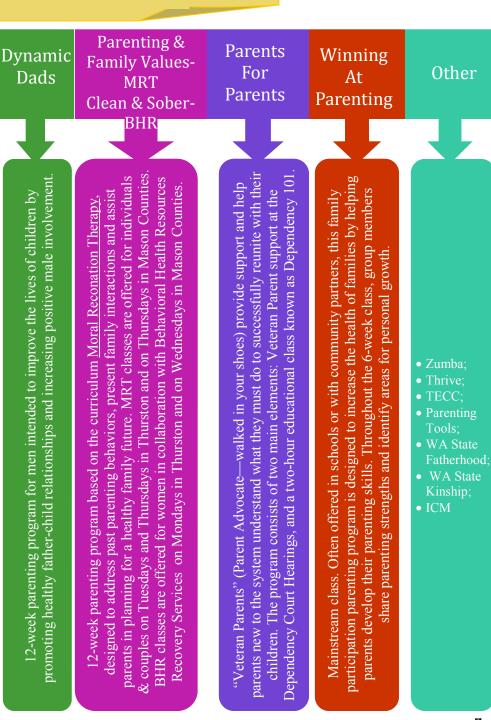
Peter Cook Isabella Corvin **Teresa** Cowley Barbie Cox Ronnie Cox Junsada Crawley Annie Cubberly Susan Curtright Al & Leann Dahl Alan & Sharon Dahl Gail Dahlhoff Leatta Dahlhoff Carol Daigneault Marc & Dianne Daigneault Liz Davis Stacy Demaranville Chris Desmond Kate & Wayne Dixon Iohn Doan Cathleen Doctor Angie Dorian Glenda & John Drebick Susan A. Dubuisson **Julee Durham** Matthew Dydasco Kenneth & Linda Eldredge Jodi England **Kirstin Etherage** Jeff Evans Whitney Faulkner Evan Ferber & Lynne Stockwell Clair Ferris **Barb Fetherson** David | Fine Sarah Fiola Tyler Fiola Sally Fisk Maureen Fitzgerald Lynn Flaisig Jeremy Fleury David Forster & Jennifer Williamson-Forster Sam Frank

Chris Frasier **Barby Fredricksen** Scott & Kiko Freeman Barb Fry Darrell & Winona Furgison Dave Gagne Joann Gaither Pamela Garland Tom Garman Steve Gerst loyce Gillie Mariam Graham Bruce Grant Patti Grant Maurice Green Vanessa Green Patty Gregory Pam Grigsby-Jones loe Gross Laura Guill Camille Hale Ion W. Halvorson Ion & Chris Halvorson Lindsey Hammer Scott & Vicki Hanauer Karen Hardy **Ruth Harms** Joseph & Arlene Hartman Cheryl Haskins Hilarie Hauptman & Joseph Rush Vickie Hayes Kelli Hegsted Sharon Herting Robin Higa Edward Hildreth Nicole Hill Dean & Doreen Hillestad Mica Hoeltge Glenn & Margaret Hollinger Betty Holt Michael & Catherine Hoover

Olympia Family Theater **Olympia Federal Savings Olympia Kiwanis Foundation Olympia Tumwater Foundation** Olympia Seafood Company Olympic Copy & Printing **Olympic Flight Museum** Olympic Tan Oregon Zoo Pacific Psychological Associates Panera Bread Panowicz lewelers Papa Murphy's Take'N'Bake Pizza Parent Education Network Parent Map Partners for Children Youth & Families Party City of Olympia Peg and Rick Young Foundation Pellegrino's Phil Simmons and Daughters Painting & Decorating Pierce County Superior Court Portland Children's Museum Portrait Innovations Providence Maternal Child Health Puget Sound Energy Ralph's and Bayview Thriftway **Recess Monkey** Red Lion Hotel Red Wind Casino, Nisgually Tribe Redbox Rocky Top Homebrew Rotary Club of West Olympia **Rothschild Social Services** Rutledge Corn Maze, LLC SAVI Day Spa at Hotel Murano Seattle Aquarium Seattle Children's Museum Seattle Children's Theatre Seattle Museum of Flight Seattle Theatre Group See's Candies Silverwood Theme Park Sound to Harbor Head Start South Bay Veterinary Hospital SPS Area Service Committee South Puget Sound Community College South Sound Bank

South Sound Reading Foundation Spruce Skin & Wax Shoppe Squaxin Island Tribe Studio West Dance Academy Subway **Tacoma Rainiers Baseball** The Arc of Washington The Community Foundation of South Puget Sound The Olympia Center Pottery class The Painted Plate The Popinjay The Strip Steak House, LLC The Swinging Doors The Valley Athletic Club, LLC Thompson's Furniture Co. Thrive By Five **Thurston Community Network** Thurston Co. Family & Juvenile Court Thurston Co. Health Dept./Prevention Thurston Co. Volunteer Legal Services Thurston Early Childhood Coalition Thurston Talk **Top Foods Total Systems Integrators** Total Wine & More **Tugboat Annies Tumwater Family Practice** Tumwater Pawn Brokers Twin Star Credit Union United Way Mason County United Way Thurston County U'SAgain, LLC UW Athletics Department Vetter Dental Group Vic's Pizzeria Walter Dacon Wines Washington Center for the Performing Arts West Olympia Papa Murphy's Western Meats, Inc. White Pass Co. Wild Waves Theme Park Woodland Park Zoo WSU Athletics Yelm/McKenna LDS Humanitarian Group Zonta Club of Olympia Zonta Service Foundation of Olympia

## List



# FESS Program Highlights

We served **over 5,000 individuals** last year, providing education and support through our programs and services.



**Over 2,000 adults** attended our **Consider the Children** seminar on divorce and separation.

We served **over 122 Kinship Caregivers** with case management, emergency financial aid, respite care, support, and/or training.





**Over 100 pregnant and parenting women** struggling with addiction participated in our **Clean and Sober parenting classes**.

**88 parents** were supported through our **Parents for Parents program**. This includes outreach in court as well as our "Dependency 101" trainings.





**Over 130 Parents** participated in the court ordered/CPS referred **Parenting and Family Values course**.

Colorful Things **Daughters of Utah Pioneers** Dawg Den Dee Dee Digi Photography Delta Dental of Washington Department of Corrections Department of Early Learning Design Edge Dirty Dave's Pizza Parlor **Discover Aquatics Swim School** Disneyland Resort **Dispute Resolution Center** Dockside Bistro & Wine Bar Domino's Pizza DoubleTree by Hilton Hotel Seattle Airport Drebick Investments LLC DSHS Disability and Aging Services Administration DSHS Children Services Administration DSHS Economic Services Administration Economic Development Council Elma Paintball EMP Museum **Employees Community Fund of Boeing Puget Sound** Encompass Encore Chocolate & Teas **Evergreen Vista/Mercy Housing Evolving Parents** Family Support Center Farrelli's Wood Fire Pizza Fish Brewing Company Foundation for Early Learning Fred Meyer, Tumwater **G&I** Power Equipment **Generations Credit Union** GenX Computer Solutions Go Green Car Wash Great Wolf Lodge Green Diamond Resource Company Good GRuB Hallmark Resort, Cannon Beach Hands On Children's Museum Happy Homemakers Club Head to Toe Landscaping Heartsparkle Players

Holiday Inn Express Hollinger Group Training Solutions, LLC Hoodsport Winery Horizons Foundation Humanities Washington Hyatt at Olive 8 Seattle Interfaith Community Care Ivar's and Kidd Valley Restaurants **Jubilee Service Group** Junior League of Olympia Karen's Kreations Kiwanis Club of Olympia **Kiwanis Foundation** Lake Cushman Resort Lassen Foundation Lemon Grass Restaurant Les Schwab Tire Center Let's Paint! Lewis County Superior Court LIDS Little Creek Casino, Squaxin Island Tribe Lodge at Desert Canyon Lowe's Lucky Eagle Casino, Chehalis Tribe Lutheran Community Services Margent Corporation Marine View Beverage McKinney's Appliance McMenamins Pubs & Breweries Meconi's Italian Subs. LLC Medina Foundation Merle Norman Cosmetics Michaela Photography Mixx 96 FM Money Tree Morgan Hill Mt. Bachelor, Inc. Nisgually Indian Tribe Nisqually Red Wind Casino Non-Profit Solutions North Thurston Public Schools Nova School NR Smith & Associates O'BEE Credit Union **Occasions** Catering Oki Golf Olive Garden

# Community Collaborations

Child Abuse Prevention Task Force Domestic Violence Task Force Kiwanis Club of Olympia Lewis County Hispanic Fair Love Talk Play Mason Early Learning Coalition Parent Education Network Parenting Tools Lecture Series Sand in the City Sound to Harbor Head Start Policy Council St Peter's Health Fair Thrive by Five, Communities of Practice Thurston Council for Children and Youth Thurston County Board of Health: Thurston Thrives Thurston Early Learning Coalition United Way's Right From the Start Washington State Kinship Oversight Committee Zonta Club of Olympia

### THANK YOU to all our sponsors and donors for supporting our Vision of Hope!

5th Avenue Sandwich Shop 5th Avenue Theatre, Seattle 8 Arms Bakery **ABC** Pediatrics Academy of Brian Johnson Karate & Fitness Alderbrook Resort & Spa Alpine Experience Altrusa Club of Olympia American Girl Area Agency on Aging Asset Building Coalition **Behavioral Health Resources** Benihana. Seattle Bon Lemon **Bonjour Cupcakes** 

Brookdale Foundation Capital Business Machines Capital Kids Connection Capitol City Golf Club Capitol City Tennis & Athletic Center **Casey Family Programs** Centralia College Charlie's Safari Cheesecake Factory Child Care Action Council Children's Home Society Children's Museum, Seattle Chips-A-Flyin **Cinemark Theaters** City Picnics Claus, Claus and Associates, LLC

**133 adults** participated in our **FREE Winning at Parenting classes** offered through the Tumwater Schools, North Thurston Public Schools, Olympia Schools, Tenino, and the Squaxin Island Tribe.





**Over 80 men** participated in, and **44 graduated** from, our 12-week **Dynamic Dads** classes.

**58 parents** learned how to support children through **Domestic Violence** in the home.





**Over 1,700 community members** attended our FREE annual **Parenting Tools** trainings held at SPSCC.

We offered two **Parenting Tools** Series featuring:

