Take a much needed break, meet up with your fellow Kinship Caregivers & enjoy some well deserved “Me Time” in a very supportive environment.

Meetings are:

- Tuesday Afternoons 2 - 3:30 pm
- Wednesday Evenings 6:30 - 8 pm

Contact Tammara for signup information:

Tammara@familyess.org
Spring is a season for celebrating hope and renewal, and perhaps this year, more than any other, deserves the promise of Spring. In the Northwest, most of us look forward to longer, warmer days. The new yellow and violet crocuses seem to call us out of doors. There are more than a few reasons to step outside. The first is that, by going outdoors, we escape the stress of household tasks, including work-from-home responsibilities, and homeschooling, two of the many new challenges of these COVID times. While just being outside can give us a boost, our sense of ease can be amplified when our time is spent in a natural setting like a park or garden.

Besides this, when we take a break from focusing on how the children are doing in school, or the fact that the laundry isn’t done, and focus instead on the natural beauty around us, we might notice that the mind settles down. Finally, with brighter, warmer longer days ahead, we can enjoy the company of family and friends out of doors. Take a break from your daily routine, walk around the block, or simply sit outside on the porch with a cup of tea. Relax, enjoy the new garden blooms, and welcome Spring!

What is the Emergency Broadband Benefit Program?

The Emergency Broadband Benefit Program is a Federal Communications Commission (FCC) program that provides a temporary discount on monthly broadband bills for qualifying low-income households. If your household is eligible you can receive:

- Up to a $50/month discount on your broadband services and associated equipment rentals.
- Up to a $75/month discount if your household is on qualifying Tribal lands
- A one-time discount of up to $100 for a laptop, tablet, or desktop computer (with a co-payment of more than $10 but less than $50).

Only one monthly service discount and one device discount is allowed per household.

The FCC has announced that consumers can begin applying for and enrolling in the Emergency Broadband Benefit Program on May 12, 2021. The program will end when the fund runs out of money, or six months after the Department of Health and Human Services declares an end to the COVID-19 health emergency, whichever is sooner.

Apply at: https://getemergencybroadband.org/