



annual report 2019-20



**Family Education
& Support Services**



Family Education & Support Services' mission is to ensure healthy childhood development through the provision of quality family strengthening services



Welcome to the **Family Education & Support Services** Annual Report. We are honored to share this information highlighting our 2019-20 services delivery focused on strengthening families throughout Washington's South Puget Sound communities.

Connect with us...

Thurston

Regional Resilience Center
6840 Capitol Blvd. SE, Bld 3
Tumwater, WA 98501
360.754.7629

Mason

760 E. Johns Prairie Rd.
Shelton, WA 98584
360.754.7629

Grays Harbor

1017 S. Boone St. #312
Aberdeen, WA 98520

Lewis (Satellite office)
800 S. Pearl St.
Centralia, WA 98531

Pierce (Satellite office)
Family Investment Center
at Salishan Tacoma Housing Authority



[/familyess.org](https://www.familyess.org)



[/familyess.](https://www.familyess.org)



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[familyess.org](https://www.familyess.org)

Hello from our Executive Director and Board Chair

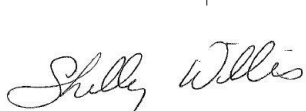
Family Education & Support Services is here - for all of us.

As we approach our 20th year of service delivery we reflect on our strong history of listening to our communities' needs, leveraging partnerships, and embracing evidence-based strategies dedicated to promoting child well-being. We also look ahead with a heightened sense of urgency and conviction that we must challenge ourselves to do more, think bigger, and reach harder into our communities to capture those who do not have access, feel isolated and/or unheard.

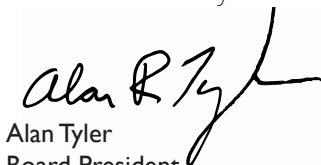
We have acknowledged our clear and steadfast stance in our rejection of racism, discrimination, and violence. Today we stand with those we serve, business partners, and neighbors around the world with a solid commitment to listen, learn, take action and provide opportunities for those who have been impacted by racism, trauma, inequitable access to resources and services, and who may be navigating through food, housing, and financial insecurities.

We are dedicated to advancing supports, resources, training and services to ensure all adults who influence children have access to all they need to promote healthy child development. We have enhanced our technology, supported families by providing food, hygiene, and family activity distributions in parking lots, parks and rural homes. Our amazing team of employees, volunteers and our board members have been innovative, creative, and accessible. We are dedicated to staff retention and have worked to provide safe work environments, flexible work hours, technology support and recognition to honor and support those who help us- help our community.

Through it all, our agency has been responsive, resilient, and innovate in concert with all of you in our community, and our world. We carry on and humbly ask you to consider supporting our efforts. Our services ensure the health and well-being of thousands of children and families. Your support inspires us, gives us courage, and strength. Thank you in advance for all you can do to help us- help our community.



Shelly Willis
Executive Director



Alan Tyler
Board President



Board of Directors 2019 - 2020

Alan Tyler
President

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Treasurer

Trista Mason
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Christopher Desmond
Risk Manager

Kelli Drake
Ann Jackson
Melissa Goldman
Tanya Murray
Dr. Carlos A Mejia Rodriguez
Olivia Zhou
Caprice Paduano
Tim Timmer
Vern Partlow (Board Volunteer)

committed to our

Strategic priorities

Our Goal:

End Child Abuse

Our Strategy:

Family Education & Support Services uses a research informed approach to keep **children safe**, increase **family resilience**, and **strengthen the community**.

Strengthening Families is a protective factors framework based on engaging families, programs and communities in building five protective factors:

Strengthening Families Protective Factors



Concrete support in times of need

Access to concrete support and services that address a family's needs and help minimize stress



Knowledge of Successful Parenting Strategies and Childhood Development

Understanding child development and parenting strategies help align age appropriate expectations that support physical, cognitive, language, social and emotional development.



Social Connections

Assist in reducing isolation and developing positive relationships to lean on in times of stress.



Social and Emotional Competence of Children

Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions, and establish and maintain healthy relationships.



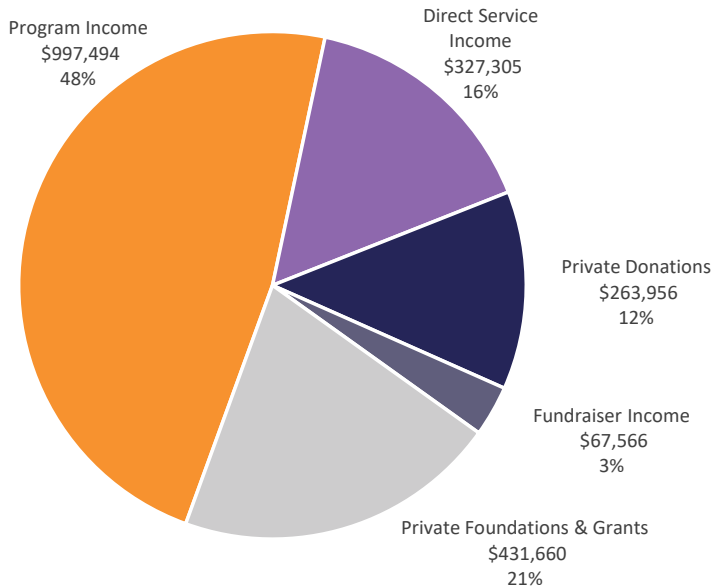
Parental Resilience

Managing stress and functioning well when faced with challenges, adversity and trauma.

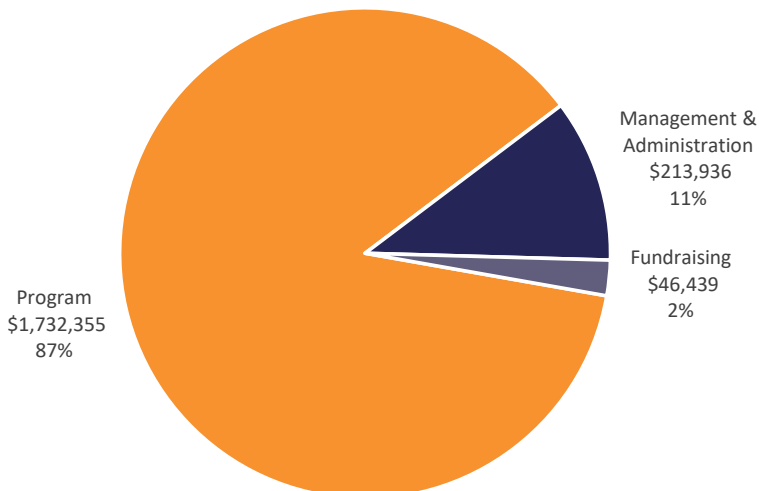
To learn more about Family Education & Support Services or to get involved, visit familyess.org

2019 - 2020 at a glance

Sources of Support \$ 2,087,981



Operating Expenses \$ 1,992,730



35

STAFF MEMBERS SERVING 5 COUNTIES



87%

OF REVENUE GOES TOWARDS DIRECT
PROGRAM SERVICES



4,356

CHILDREN AND ADULTS SERVED



**Every family
supported, every
child thrives**

Safe Children



Family Education & Support Services

maintains trauma-informed environments welcoming to diverse cultures, family types, and languages. We provide a wide array of evidence-based strategies to help families heal from trauma and learn new coping skills for building resilience.

\$36,311

GRANTED TO FAMILIES IMPACTED BY POVERTY TO ADDRESS HOUSING INSECURITY - IN PARTNERSHIP WITH HUMI (HELP US MOVE IN)



479

FAMILIES WERE SERVED THROUGH CASE MANAGEMENT SERVICES IN AN EFFORT TO OVERCOME COMPLEX TRAUMA HISTORIES



92%

OF PARENTING CLASS PARTICIPANTS REPORTED INCREASED UNDERSTANDING OF CHILD DEVELOPMENT AND AGE APPROPRIATE EXPECTATIONS



Thank you for giving us the opportunity to learn how to have better relationships with our children."

- PROGRAM PARTICIPANT



Resilient Families



“Because of FESS, I have a better idea why my children do the things they do, so I will be able to react to what is causing my child’s behavior instead of reacting to the behavior itself.”

- PROGRAM PARTICIPANT

71

JOB SEEKERS, IMPACTED BY THE OPIOID CRISIS, RECEIVED EMPLOYMENT AND TRAINING SERVICES THROUGH THE OURR WORKFORCE DEVELOPMENT PROGRAM



61

FATHERS WITHIN THE CRIMINAL JUSTICE SYSTEM RECEIVED PARENT TRAINING THROUGH OUR DYNAMIC DADS PROGRAM IN PARTNERSHIP WITH THE THURSTON COUNTY ACCOUNTABILITY AND RESTITUTION CENTER.



94

MOTHERS STRUGGLING WITH MENTAL ILLNESS OR RECOVERING FROM SUBSTANCE ABUSE DISORDERS RECEIVED PARENT TRAINING IN PARTNERSHIP WITH HARVEST HOME.



Adverse childhood experiences have lifelong health effects

At what cost?

\$5K vs. \$400K*

COST PER YEAR TO PROVIDE EARLY INTERVENTION TO A FAMILY

LIFETIME COSTS IF CHILDHOOD ADVERSITY IS LEFT UNADDRESSED

* costs include health care, criminal justice, and special education

Healthy Communities



208

PARENTING SUPPORT GROUPS WERE HOSTED



617

HOURS OF FREE COMMUNITY PARENTING
CLASSES OFFERED IN SPANISH AND ENGLISH



19%

OF PARENTS AND CAREGIVERS RECEIVED
REDUCED OR FREE CLASSES BASED ON A SLIDING
FEE SCALE



**Every child and family needs
allies in their community.
Family Education & Support
Services is driving change in
our community to support
families, and improve
outcomes.**



This type of community support for
our most vulnerable youth is crucial
- now so more than ever! With FESS,
anything is possible."

- PROGRAM PARTNER

Making a Difference

Leadership Circle

\$25,000 plus

Dawkins Charitable Trust
Help US Move in

Founders' Circle

\$10,000 - \$24,000

Brookdale Foundation
Horizons Foundation
Medina Foundation
Nisqually Indian Tribe
NW Children's Foundation
Seattle Foundation

Benefactors

\$5,000 - \$9,999

Amerigroup Corporation
Darrell & Winona Furgison
Glen & Margaret Hollinger
Olympia Federal Savings
West Olympia Rotary
Zonta Club of Olympia

Contributors

\$1,000 - \$4,999

Donna Arnold
Total Systems Integrators
Boys & Girls Club of Thurston County
Boys & Girls Club of Washington
Harold Carr
Capitol Medical Center
Child Care Action Council
The Comcast Foundation
Community Foundation of South Puget Sound
Chip Hanauer & Cherie Hill
Hood Canal Kiwanis Foundation
Ann Jackson
Macy's Foundation
McDonald's Tumwater
Carolina Mejia
Molina Healthcare Washington
Network for Good
Jim & Susan Raymond
Rotary Club of Lacey
Rotary Club of Olympia
South Puget Sound Intertribal Planning Agency
Together!
TwinStar Credit Union
United Way of Lewis County
Peg & Rick Young Foundation

Supporters

\$500 - \$999

Ken & Kim Adney
Heather & Robert Antanaitis
Khurshida Begum
Carmen Rowe & Scott Nolan
Christopher Desmond
Pamela Desmond
Patricia Hart
Roger & Laurie Jones
Nancy Koptur
Janice Mack Talcott
Traci McIntire
Network for Good
Rainy City Roller Dolls
Styx
Timothy & Jan Suess
Total System Integrators
United Way
Jennifer Williamson Forster

Teachers

\$100 - \$499

Laura Akhavan
Amamilo Law PLLC
Sharonda Amamilo
Crystal Ashley
Tamara Atkins
Fred Baier
Rosemary Barnhart
Kathy Baros Friedt
Jenny Baxter
Lance Benson
Cindy Bozinski
Linda Brown
Carolyn Busch
Sharla Cameron
Rod Cook
Daughters of Utah Pioneers
Dusti Demarest
Sandra DiBernardo
James Dixon
John Doan
Jennifer Dunlap
Deborah Edden
Commissioner Gary Edwards
Patty Fedler
Mathew Ferrel
Chris Frasier
Katherine Friedt
Becky Geiger
Meghan Goodman
Jake Grater
Gryphon Law Group PS
Janelle Guthrie
Carol Haas

Teran Haase
Ryan Hall
Jon Halvorson
Scott Harriage
Teya Harris
Heart Sparkle Players
Shelby Hentges
Cari Hill
Trina Humphries
Eric Jackson
Jeanne & Associate
Larry Jefferson
GAIL Keller
Jerrod Lee
Kristin Lee
Mike Leonard
Haley Lowe
Shannon Luetke
Vonna Madeley
Carlos Mejia Rodriguez
Tye Menser
Jenny Mercer
Chris Meserve
Joanne Moore
Homer Morgan
Jenifer Morgan
Gwen Morris
Tanya Mote
Mt Moriah Lodge, No 11
Dennis Neal
Tammara Newbill
Karin Oceguera
Donna Olson
Lezlie Perrin
Derreck Presnell
Kathryn Preston
Judith Redford-Hall
Logan Reed
Cherie Reeves Sperr
Karen Remy-Anderson
Teresa Roddy
Arun Rohila
Sandra Romero
Anna Sayre
Christine Schaller
Charlie Schneider
Norma Schuiteman
Betsy Seidel
Mo Smedley
John Snaza
South Puget Sounds Area Service Committee
Kristaline Stormer
Gudrun Sullivan
Valerie Sunday-Thorp
Laurie Tebo

Jay & Linda Allen
Lisa Brodoff & Lynn Grotsky
John & Glenda Drebeck
Tom & Hye Kyang Garman
Kevin & Pam Grigsby-Jones
John & Kate Hurley
Martin & Judith Kimeldorf
Nancy & Catherine LaPointe
Rick & Christy Peters
Jeffery & Diane Wilmoth
Jacob Tillett
Tom & Shelley Tombert
Amelia Watson
Mary Williams
Tony Willis
Kim York
Cyndi Zechmann
Olivia Zhou
Jan Suess

In-kind Supporters

gifts of \$100 or greater

Alderbrook Resort & Spa
Dawn Anderson
It's Anonymous
Heather & Robert Antanaitis
Arthur Murray Dance School
Batdorf & Bronson Coffee Roaster
Khurshida Begum
Laurie Berryman
BJs Paint
Vernon Bonfield
Book 'n' Brush
Boom Shaka
Carmen Rowe & Scott Nolan
Central Glass Works
Chambers Prairie Animal Hospital
Claus, Claus & Associates
Crystal Cook
Discover Aquatics
Disneyland
Keli Drake
Paul Edelhertz
Family Education & Support Services
Family Recovery Court
Patty Fedler
Maureen Fitzgerald
Kathleen Geist
Kelly Green
Chip Hanauer & Cherie Hill
Holland America Line
Glenn & Margaret Hollinger
Hoodsport Winery, Inc.

This list represents gifts made to Family Education & Support Services from July 1, 2019 through June 30, 2020. Every effort is made to be accurate. Please bring any errors or omissions to the attention of our Development Officer at (360) 754-7629. Thank you!

Events

Sam Hunt
Hydroplane Museum
Mark Iler
Ann Jackson
Bonnie Jacques
Jubilee Service Group
Sandra Lee
Janice Mack Talcott
Carrie Mayeux
Mixx 96 FM
Mt. Rainier Railroad & Logging Museum
Tanya Murray
Mutual Admiration Club
New Leaf Hyperbaric
Nuance Bake Shop
Nutritional Therapy Association
Olympia Family Theater
Olympia Symphony
Pacific Science Center
Melanie Painter
Panowicz Jewelers
Emine Prateva
Karen Pursey
Jim & Susan Raymond
The Redford Law Firm
Donna Regan
Rotary Club
Seattle Mariners
South Sound YMCA
Kari Taylor
The Museum of Flight
Tim & Rebekah Timmer
Total Wine & More
Triple Play Resort Hotel & Suites
UMF Motorcycle Club
United Way of Thurston County
Robert Van Gundy
Jennifer Veitch
WA State Transit Insurance Pool
Jeff & Shelby Weeks
Diane Williams
Shelly Willis
Womens Club of Olympia
Olivia Zhou

Strengthening Families

SEPTEMBER 19 was our annual "Strengthening Families" luncheon. Attendees spent an enjoyable afternoon at the Olympia Country & Golf Club and celebrated "A Promise for Tomorrow" as we honored the founder of the Parent Child Assistance Program, Therese Grant, Ph. D.

Hope Sponsor

Molina Healthcare
Tumwater McDonald's
OBEE Credit Union
Olympia Federal Savings

Support Sponsor

Capital Medical Center
Panowicz Jewelers

Seeds of Hope

MAY 1 we adjusted to a virtual format for our annual Seeds of Hope Auction & Gala.

Presenting Sponsor

Shocking Difference

Resilience Sponsor

Harborstone Credit Union
Olympia Federal Savings
Fresh Start Housing

Hope Sponsor

Capital Medical Center
Harold Carr
Heritage Bank
Providence Health Services
Tumwater McDonalds

Support Sponsor

Jensen Milner Cap City Law
Navigate Financial



Children's Legacy Society

Members of the Children's Legacy Society have expressed their commitment to Family Education & Support Services through a planned gift such as a bequest or Charitable Remainder Trust. Thank you to these visionaries who have named Family Education & Support Services as the beneficiary of a planned gift.

Lisa Marie Garman*

* in memorandum

Thank you to Nancy Thomas and the Thomas Family Foundation for sponsoring our family resource library, dedicated in memory of Edward Thomas.

For more information on how you can make Family Education & Support Services part of your legacy, please contact the Development Office at (360) 754-7629.



PO Box 14907, Tumwater, WA 98511



Your Support matters!

To learn more, please contact the Development Department (360) 754-7629.

Thurston

Mason

Lewis

Pierce

Grays Harbor

familyess.org

Families rely on you.

Here are some of the many ways you can help.

- ▶ Make a donation.
- ▶ Leave a legacy. Include **Family Education & Support Services** in your estate plan.
- ▶ Add your name to our Donor Wall
- ▶ Shop with AmazonSmile - just name **Family Education & Support Services** as the Beneficiary.
- ▶ Schedule a virtual tour of **Family Education & Support Services** with a friend.