Welcome to the **Family Education & Support Services** Annual Report. We are honored to share this information highlighting our 2019-20 services delivery focused on strengthening families throughout Washington’s South Puget Sound communities.

**Connect with us...**

**Thurston**  
Regional Resilience Center  
6840 Capitol Blvd. SE, Bld 3  
Tumwater, WA 98501  
360.754.7629

**Mason**  
760 E. Johns Prairie Rd.  
Shelton, WA 98584  
360.754.7629

**Grays Harbor**  
1017 S. Boone St. #312  
Aberdeen, WA 98520

**Lewis**  
(Satellite office)  
800 S. Pearl St.  
Centralia, WA 98531

**Pierce**  
(Satellite office)  
Family Investment Center at Salishan Tacoma Housing Authority

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**Family Education & Support Services**’ mission is to ensure healthy childhood development through the provision of quality family strengthening services.
Hello from our Executive Director and Board Chair

**Family Education & Support Services** is here - for all of us.

As we approach our 20th year of service delivery we reflect on our strong history of listening to our communities’ needs, leveraging partnerships, and embracing evidence-based strategies dedicated to promoting child well-being. We also look ahead with a heightened sense of urgency and conviction that we must challenge ourselves to do more, think bigger, and reach harder into our communities to capture those who do not have access, feel isolated and/or unheard.

We have acknowledged our clear and steadfast stance in our rejection of racism, discrimination, and violence. Today we stand with those we serve, business partners, and neighbors around the world with a solid commitment to listen, learn, take action and provide opportunities for those who have been impacted by racism, trauma, inequitable access to resources and services, and who may be navigating through food, housing, and financial insecurities.

We are dedicated to advancing supports, resources, training and services to ensure all adults who influence children have access to all they need to promote healthy child development. We have enhanced our technology, supported families by providing food, hygiene, and family activity distributions in parking lots, parks and rural homes. Our amazing team of employees, volunteers and our board members have been innovative, creative, and accessible. We are dedicated to staff retention and have worked to provide safe work environments, flexible work hours, technology support and recognition to honor and support those who help us- help our community.

Through it all, our agency has been responsive, resilient, and innovate in concert with all of you in our community, and our world. We carry on and humbly ask you to consider supporting our efforts. Our services ensure the health and well-being of thousands of children and families. Your support inspires us, gives us courage, and strength. Thank you in advance for all you can do to help us- help our community.

Signatures:
- **Shelly Willis**
  Executive Director
- **Alan Tyler**
  Board President

**Board of Directors**

2019 - 2020

- **Alan Tyler**
  President
- **Bonnie Jacques**
  Vice President
- **Jarrod Lee**
  Secretary
- **David Echtle**
  Treasurer
- **Trista Mason**
  Past President
- **Christopher Desmond**
  Risk Manager
- **Kelli Drake**
- **Ann Jackson**
- **Melissa Goldman**
- **Tanya Murray**
- **Dr. Carlos A Mejia Rodriguez**
- **Olivia Zhou**
- **Caprice Padeuano**
- **Tim Timmer**
- **Vern Partlow (Board Volunteer)**
Strategic priorities

Our Goal: End Child Abuse

Our Strategy:

Family Education & Support Services uses a research informed approach to keep children safe, increase family resilience, and strengthen the community.

Strengthening Families is a protective factors framework based on engaging families, programs and communities in building five protective factors:

**Concrete support in times of need**
Access to concrete support and services that address a family’s needs and help minimize stress.

**Social Connections**
Assist in reducing isolation and developing positive relationships to lean on in times of stress.

**Parental Resilience**
Managing stress and functioning well when faced with challenges, adversity and trauma.

**Knowledge of Successful Parenting Strategies and Childhood Development**
Understanding child development and parenting strategies help align age appropriate expectations that support physical, cognitive, language, social and emotional development.

**Social and Emotional Competence of Children**
Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions, and establish and maintain healthy relationships.

To learn more about Family Education & Support Services or to get involved, visit familyess.org
Every family supported, every child thrives

Sources of Support
$ 2,087,981

Program Income $997,494 48%
Direct Service Income $327,305 16%
Private Donations $263,956 12%
Fundraiser Income $67,566 3%
Private Foundations & Grants $431,660 21%

Operating Expenses
$ 1,992,730

Management & Administration $213,936 11%
Fundraising $46,439 2%
Program $1,732,355 87%

35
STAFF MEMBERS SERVING 5 COUNTIES

87%
OF REVENUE GOES TOWARDS DIRECT PROGRAM SERVICES

4,356
CHILDREN AND ADULTS SERVED

Every family supported, every child thrives
Family Education & Support Services maintains trauma-informed environments welcoming to diverse cultures, family types, and languages. We provide a wide array of evidence-based strategies to help families heal from trauma and learn new coping skills for building resilience.

$36,311

GRANTED TO FAMILIES IMPACTED BY POVERTY TO ADDRESS HOUSING INSECURITY - IN PARTNERSHIP WITH HUMI (HELP US MOVE IN)

479

FAMILIES WERE SERVED THROUGH CASE MANAGEMENT SERVICES IN AN EFFORT TO OVERCOME COMPLEX TRAUMA HISTORIES

92%

OF PARENTING CLASS PARTICIPANTS REPORTED INCREASED UNDERSTANDING OF CHILD DEVELOPMENT AND AGE APPROPRIATE EXPECTATIONS

“Thank you for giving us the opportunity to learn how to have better relationships with our children.”

- PROGRAM PARTICIPANT
Adverse childhood experiences have lifelong health effects

“Because of FESS, I have a better idea why my children do the things they do, so I will be able to react to what is causing my child’s behavior instead of reacting to the behavior itself.”

- PROGRAM PARTICIPANT

At what cost?

$5K vs. $400K*

COST PER YEAR TO PROVIDE EARLY INTERVENTION TO A FAMILY

LIFETIME COSTS IF CHILDHOOD ADVERSITY IS LEFT UNADDRESSED

* costs include health care, criminal justice, and special education

71
JOB SEEKERS, IMPACTED BY THE OPIOID CRISIS, RECEIVED EMPLOYMENT AND TRAINING SERVICES THROUGH THE OURR WORKFORCE DEVELOPMENT PROGRAM

61
FATHERS WITHIN THE CRIMINAL JUSTICE SYSTEM RECEIVED PARENT TRAINING THROUGH OUR DYNAMIC DADS PROGRAM IN PARTNERSHIP WITH THE THURSTON COUNTY ACCOUNTABILITY AND RESTITUTION CENTER.

94
MOTHERS STRUGGLING WITH MENTAL ILLNESS OR RECOVERING FROM SUBSTANCE ABUSE DISORDERS RECEIVED PARENT TRAINING IN PARTNERSHIP WITH HARVEST HOME.

Resilient Families
Healthy Communities

“Every child and family needs allies in their community. Family Education & Support Services is driving change in our community to support families, and improve outcomes.”

- PROGRAM PARTNER

208
PARENTING SUPPORT GROUPS WERE HOSTED

617
HOURS OF FREE COMMUNITY PARENTING CLASSES OFFERED IN SPANISH AND ENGLISH

19%
OF PARENTS AND CAREGIVERS RECEIVED REDUCED OR FREE CLASSES BASED ON A SLIDING FEE SCALE

This type of community support for our most vulnerable youth is crucial - now so more than ever! With FESS, anything is possible.”
Making a Difference

Leadership Circle
$25,000 plus
Dawkins Charitable Trust
Help US Move in

Founders’ Circle
$10,000 - $24,000
Brookdale Foundation
Horizons Foundation
Medina Foundation
Nisqually Indian Tribe
NW Children’s Foundation
Seattle Foundation

Benefactors
$5,000 - $9,999
Amerigroup Corporation
Darrell & Winona Furgison
Glen & Margaret Hollinger
Olympia Federal Savings
West Olympia Rotary
Zonta Club of Olympia

Contributors
$1,000 - $4,999
Donna Arnold
Total Systems Integrators
Boys & Girls Club of Thurston County
Boys & Girls Club of Washington
Harold Carr
Capitol Medical Center
Child Care Action Council
The Comcast Foundation
Community Foundation of South Puget Sound
Chip Hanauer & Cherie Hill
Hood Canal Kiwanis Foundation
Ann Jackson
Macy’s Foundation
McDonald’s Turnwater
Carolina Mejia
Molina Healthcare Washington
Network for Good
Jim & Susan Raymond
Rotary Club of Lacey
Rotary Club of Olympia
South Puget Sound Intertribal Planning Agency
Together!
TwinStar Credit Union
United Way of Lewis County
Peg & Rick Young Foundation

Supporters
$500 - $999
Ken & Kim Adney
Heather & Robert Antanaitis
Khurshida Begum
Carmen Rowe & Scott Nolan
Christopher Desmond
Patricia Hart
Roger & Laurie Jones
Nancy Koptur
Janice Mack Talcott
Traci McIntire
Network for Good
Rainy City Roller Dolls
Styx
Timothy & Jan Suess
Total System Integrators
United Way
Jennifer Williamson Forster

Teachers
$100 - $499
Laura Akhavan
Amamilo Law PLLC
Sharonda Amamilo
Crystal Ashley
Tamara Atkins
Fred Baier
Rosemary Barnhart
Kathy Baros Friedt
Jenny Baxter
Lance Benson
Cindy Bozinski
Linda Brown
Carolyn Busch
Sharla Cameron
Rod Cook
Daughters of Utah Pioneers
Dusti Demarest
Sandra DiBernardo
James Dixon
John Doan
Jennifer Dunlap
Deborah Edden
Commissioner Gary Edwards
Patty Fedler
Mathew Ferrel
Chris Frasier
Katherine Friedt
Becky Geiger
Meghan Goodman
Jake Grater
Gryphon Law Group PS
Janelle Guthrie
Carol Haas
Teran Haase
Ryan Hall
Jon Halvorson
Scott Harriage
Teya Harris
Heart Sparkle Players
Shelby Hentges
Cari Hill
Trina Humphries
Eric Jackson
Jeanne & Associate
Larry Jefferson
GAIL Keller
Jerrod Lee
Kristin Lee
Mike Leonard
Haley Lowe
Shannon Luetke
Vonna Madeley
Carlos Mejia Rodriguez
Tye Menser
Jenny Mercer
Chris Meserve
Joanne Moore
Homer Morgan
Jennifer Morgan
Gwen Morris
Tanya Mote
Mt Moriah Lodge, No 11
Dennis Neal
Tamara Newbill
Karín Oceguera
Donna Olson
Lizie Perrin
Derreck Presnell
Kathryn Preston
Judith Redford-Hall
Logan Reed
Cherie Reeves Sperr
Karen Remy-Anderson
Teresa Roddy
Arun Rohila
Sandra Romero
Anna Sayre
Christine Schaller
Charlie Schneider
Norma Schuiteman
Betsy Seidel
Mo Smedley
John Snaza
South Puget Sound Area Service Committee
Kristaline Stormer
Gudrun Sullivan
Valerie Sunday-Thorp
Laurie Tebo

In-kind Supporters
gifts of $100 or greater
Alderbrook Resort & Spa
Dawn Anderson
It's Anonymous
Heather & Robert Antanaitis
Arthur Murray Dance School
Batdorf & Bronson Coffee Roaster
Khurshida Begum
Laurie Berryman
BJs Paint
Vernon Bonfield
Book ‘n’ Brush
Boom Shaka
Carmen Rowe & Scott Nolan
Central Glass Works
Chambers Prairie Animal Hospital
Claus, Claus & Associates
Crystal Cook
Discover Aquatics
Disneyland
Keli Drake
Paul Edelhertz
Family Education & Support Services
Family Recovery Court
Patty Fedler
Maureen Fitzgerald
Kathleen Geist
Kelly Green
Chip Hanauer & Cherie Hill
Holland America Line
Glenn & Margaret Hollinger
Hoodsport Winery, Inc.

This list represents gifts made to Family Education & Support Services from July 1, 2019 through June 30, 2020. Every effort is made to be accurate. Please bring any errors or omissions to the attention of our Development Officer at (360) 754-7629. Thank you!
Events

Strengthening Families

SEPTEMBER 19 was our annual “Strengthening Families” luncheon. Attendees spent an enjoyable afternoon at the Olympia Country & Golf Club and celebrated “A Promise for Tomorrow” as we honored the founder of the Parent Child Assistance Program, Therese Grant, Ph. D.

Hope Sponsor
Molina Healthcare
Tumwater McDonald’s
OBEE Credit Union
Olympia Federal Savings

Support Sponsor
Capital Medical Center
Panowicz Jewelers

Seeds of Hope

MAY 1 we adjusted to a virtual format for our annual Seeds of Hope Auction & Gala.

Presenting Sponsor
Shocking Difference

Resilience Sponsor
Harborstone Credit Union
Olympia Federal Savings
Fresh Start Housing

Hope Sponsor
Capital Medical Center
Harold Carr
Heritage Bank
Providence Health Services
Tumwater McDonalds

Support Sponsor
Jensen Milner Cap City Law
Navigate Financial

Children’s Legacy Society

Members of the Children’s Legacy Society have expressed their commitment to Family Education & Support Services through a planned gift such as a bequest or Charitable Remainder Trust. Thank you to these visionaries who have named Family Education & Support Services as the beneficiary of a planned gift.

Lisa Marie Garman*

* in memorandum

Thank you to Nancy Thomas and the Thomas Family Foundation for sponsoring our family resource library, dedicated in memory of Edward Thomas.

For more information on how you can make Family Education & Support Services part of your legacy, please contact the Development Office at (360) 754-7629.
Families rely on you.

Here are some of the many ways you can help.

- Make a donation.
- Leave a legacy. Include Family Education & Support Services in your estate plan.
- Add your name to our Donor Wall
- Shop with AmazonSmile - just name Family Education & Support Services as the Beneficiary.
- Schedule a virtual tour of Family Education & Support Services with a friend.

Your Support matters!

To learn more, please contact the Development Department (360) 754-7629.