

Question Persuade Refer

Three steps anyone can learn
to help prevent suicide

We can all save lives

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. QPR is an evidence-based curriculum proven to reduce the spread of suicide.

*It is estimated that
1 in 20 employees consider suicide...
And that was before COVID-19.*

To schedule a workshop or for
more information contact:

Family Education & Support Services
QPR@FAMILYESS.ORG
360.754.7629

FAMILYESS.ORG



Suicide Prevention Corporate Training

Mental health issues in the workplace have been an area of concern for some time, but with the COVID-19 crisis, the emotional challenges employees are confronting have spiked.

QPR Gatekeeper Training provides organizations with the training to recognize the signals and offer coaching, support and resources to staff as they return to work and a new normal.

Create a safer workplace

- Expert Instruction
- Flexible Training Solutions
- OnSite & Virtual Training Options
- Training Saves Lives