Did you know...  
Sept. 16– Choose Your Chocolate Day  
Sept. 19– National Dance Day  
Sept. 19– National Talk Like A Pirate Day  
Sept. 21– National Batman Day  
https://nationaltoday.com/september-holidays/

Join the Kinship Group on Zoom
Take a much needed break, meet up with your fellow Kinship Caregivers & enjoy some well deserved “Me Time.”

Meetings are:
Tuesday Afternoons 2 - 3:30 pm  
Wednesday Evenings 6:30 - 8 pm  
Contact Tammara for signup information: Tammara@familyess.org

Kinship Book Club
Watch your Email and our Facebook Group for Upcoming Information about Group re-start Dates and Times.

ABOUT THE PRESENTER
Dr. Jason Kilmer is an Associate Professor in Psychology and Behavioral Sciences at the University of Washington (UW), and serves as an investigator on several studies including prevention and intervention efforts for alcohol, marijuana, and other drugs. Jason has worked extensively with college students and student groups around alcohol and other drug issues, and he has been a keynote speaker on campuses across the nation. Jason also serves as the director of the Washington State College Coalition for Substance Abuse Prevention.

September 24, 2020  
1:00 - 3:00 PM  
Virtual Training
Presented by Jason Kilmer, Ph. D  
University of Washington  
Virtual ZOOM Meeting  
Meeting ID: 824 4399 9098  
Passcode: 903143  
Questions? Call Shelly Watts 360-754-7698 or email: Shelly@familyess.org
Entry of Merit: Brooklynn (12)

ENTRY OF MERIT: Shelly (13)

ENTRY OF MERIT: BreeAnn (14)

Family Education & Support Services

has an abundant supply of Face Masks available now. If you, or your family members, would like to have masks mailed to you please let us know.

Please send an email to Lynn or Tammara with your current mailing address and we will get them sent your way!

Tammara@familyess.org

Or

Lynn@familyess.org

Stay Updated with the Kinship Navigator Program

Notifications during COVID-19 on our Facebook Group Page

Lewis-Mason-Thurston Kinship Caregivers

Group

Family Education & Support Services

Supporting Families... Strengthening Communities

The Brookdale Foundation Group

The Brookdale Foundation • The Glendale Foundation • Ramapo Trust

Supporting today’s seniors and tomorrow’s leaders in aging.