



2018.2019 Annual Report



**Family Education  
& Support Services**



I know someone is  
willing to listen,  
and then  
willing to help

-Mother

### Thurston

Regional Resilience Center  
6840 Capitol Blvd. SE, Bld 3  
Tumwater, WA 98501  
360.754.7629

### Mason

601 W. Franklin St.  
Shelton, WA 98584  
360.754.7629

### Grays Harbor

1017 S. Boone St. #312  
Aberdeen, WA 98520

**Lewis** (Satellite office)  
800 S. Pearl St.  
Centralia, WA 98531

**Pierce** (Satellite office)  
Family Investment Center  
at Salishan Tacoma Housing Authority

### BOARD OF DIRECTORS 2018.2019

Alan Tyler  
*President*

Bonnie Jacques  
*Vice President*

Bob Partlow  
*Secretary*

Dave Echtle  
*Treasurer*

Trista Mason  
*Past President*

Christopher Desmond  
*Risk Manager*

### BOARD

Ann Jackson

Melissa Goldman

Tanya Murray

Carlos A. Mejia Rodriguez

Olivia Zhou

Jerrold Lee

Keli Drake

Tim Timmer

Tax ID: 91-2003171

# Hello from our Executive Director and Board Chair

**FAMILY EDUCATION & SUPPORT SERVICES IS GROWING.** Our Mission to ensure healthy development of children through the provision of quality family strengthening services has led us to expanded services across Washington's South Sound.

Family Education and Support Services has nearly two decades of successful service provision in the South Puget Sound Region. Already serving Thurston, Lewis and Mason Counties this year we extended our offices to include Grays Harbor and southern Pierce Counties. We also initiated our efforts to launch our first "Center for Resilience" located in Tumwater, Washington.

It takes the collective efforts of our community to conquer complex social issues. Every day our dedicated staff and volunteers strive to make a difference for the health and well-being of children. From partnerships with early learning coalitions, youth serving organizations, and School Districts, to collaborations with those supporting employment, housing, senior living, food equity, and trauma informed practices-- we strive to build resilience for children, youth and families. FESS is a nonprofit organization where families, parents, and professionals can find help, support and training. This past year we served over 8,500 individuals. We also trained over 675 professionals representing 74 organizations in family support best practices. From specific trainings on Trauma Informed Approaches, Bully and Suicide Prevention, to inspirational presentations by nationally recognized speakers,

we strive to promote healthy homes, and healthy communities.

To ensure all children thrive to their greatest potential it is essential we offer multiple approaches. FESS employs a wide range of evidence based trauma informed services that range from prevention to intervention. We serve all economic levels, genders, English and non-English speaking, with our youngest being pre-natal and our eldest being an 89 year old great grandparent. Child abuse and neglect is a complicated problem we are dedicated to ending. We know the fabric of our community is strongest when we work together, braid our resources and build strong and durable support networks. Please consider collaborating with Family Education and Support Services as we build strong resilient communities dedicated to the health and well-being of children.



Shelly Willis



Alan Tyler

A handwritten signature in black ink that reads "Shelly Willis".

Shelly Willis  
Executive Director

A handwritten signature in black ink that reads "Alan R Tyler".

Alan Tyler  
Board President

# Family Education & Support Services **STAFF**

# OUR COMMUNITY

...what do you love?



“Our community comes with an immediate level of social and civil connection that helps to expedite meaningful relationships, it gives us all some awareness about others needs, and binds us together for the greater good of the whole on all levels.”

**Kassie**

**PCAP**  
(Parent Child Assistance Program)



“I have heard that when two different human hearts are close, after a brief time, they begin to beat in unison. Community is the conscious creative expression of humanity’s inherent interconnectedness; simply put we belong together”.

**Anatha**

**OURR Workforce  
Development**



“Algo que me gusta mucho en nuestra comunidad, es que hay personas que siempre estamos disponibles ayudar de cualquier manera”.

**Rosa**

**Kinship**



“...in seeing to the needs in others we realize we are not alone in our triumphs or failures, we share the same hopes, and doubts, and the needs we help fulfill in others are the same needs that need to be fulfilled in ourselves. So that collectively we share in each other’s state of grace.”

**Keoki**

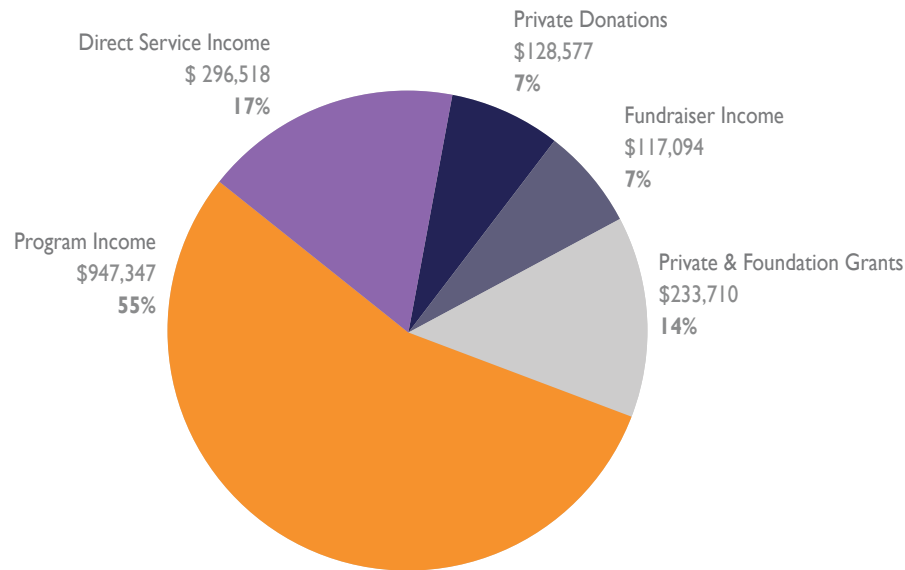
**Fatherhood**

**THANKS TO YOU** **OUR STAFF SUPPORTS THE SOUTH PUGET SOUND EVERY DAY!**

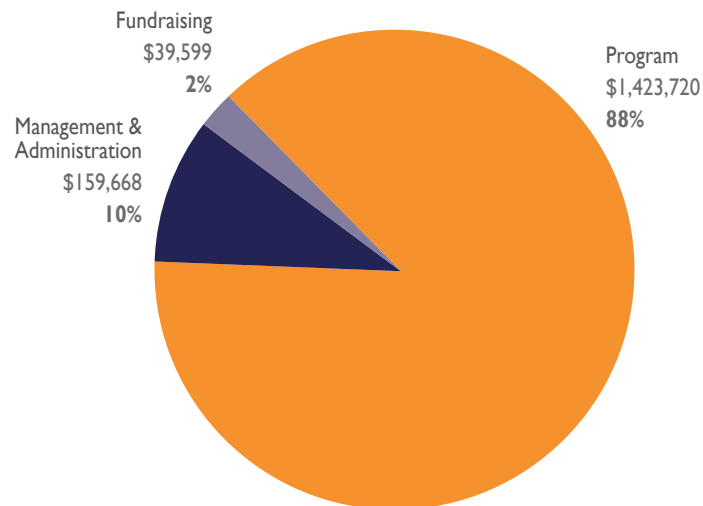


# Financial Information 2018.2019

## Sources of Support \$1,723,239



## Operating Expenses \$1,622,987



## 2018.2019 AT A GLANCE



**1064**

Class Hours



**35**

Staff members



**5**

Offices



**8,500**

Children and  
Adults served



# Preventing Childhood Trauma



Family Education & Support Services' **prevention** programs provide a wide array of evidence based services intended to bolster families before crisis happens. We help parents form strong, healthy attachments with their children, identify sources of support, and learn parenting strategies.

**Our services include:**

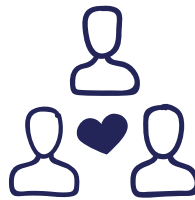
Free Parenting Classes, Support Groups,  
Family Resource Library, Emergent Services and  
Community Health & Safety Campaigns

**Strengthening families through  
a research-informed approach to  
increase family strengths, enhance child  
development and reduce the likelihood  
of child abuse and neglect**



**97%**

of parenting class participants  
reported that the program taught  
them new, healthier information  
about parenting and child  
development expectations.



**32**

Free Community Parenting Classes  
offered in Spanish and English



“Thank you for  
giving us the  
opportunity to  
learn how to have  
better relationships  
with our children”

Program Participant

# Healing Children & Families

A photograph of a man with a beard and a backward cap hugging a young child. The man is smiling and looking down at the child, who is laughing. They are outdoors in a field with a fence in the background. The lighting is warm, suggesting late afternoon or early morning.

My instructor helped me realize the  
value I bring to in my child's life

-Father



Family Education & Support Services maintains trauma informed environments welcoming to diverse cultures, family types, and languages. We provide a wide array of evidence based strategies to help families **heal** from trauma and learn new coping skills for resilience.

**Programs include:**

Home Visitation/ Parent Child Assistance Program (PCAP),  
Clean & Sober Parenting, Parenting Inside-out,  
OURR Employment Services, Father Engagement,  
Family Trauma & Transition, and  
Kinship/ Foster Navigation & Support

**Supporting families to build the five key protective factors that enable children to thrive:**

- **Parental Resilience**
- **Social Connections**
- **Skills in Parenting and Knowledge of Child Development**
- **Concrete Support in times of need**
- **Social and Emotional Competence**



**77%**

of parents and caregivers  
received reduced or free  
classes base on a sliding fee scale



**4,300**

parents and caregivers  
attended  
parenting classes



“Family Education & Support Services has encouraged me to pursue my goals and because of that the sky is the limit for my son and me. I may not have been prepared to be a parent at age 17, but the program helped me create the kind of life and be the kind of mother that he deserves.”

**Program Graduate**

# Building Resilient Communities



Family Education & Support Services is striving to create a **community** where teachers, parents and children work together to provide the strongest possible start for children. We are determined to create the social change necessary to support and strengthen every family and those who serve them.

**Our services include:**

School and Community based Parenting, and Professional Training,  
Guiding Good Choices, MRT Parenting and Family Values,  
Winning at Parenting, Triple 'P' Parenting and more...

**Every child and family needs allies in their community. Family Education & Support Services is driving change in our community to support families, and improve outcomes.**



**50%**

of mental health disorders begin before the age of 14, affecting the learning and school experience for all children



**104**

sites where Family Education & Support Services provided trauma informed training and/or consultation.



“I love the staff and how friendly and helpful everyone is and that they are able to provide me great service and help me succeed.”

Program Participant



# Strengthening Families: Faces of Fatherhood

**SEPTEMBER 13** was our annual "Strengthening Families" luncheon. attendees spent an enjoyable afternoon at the Olympia Country & Golf Club and raised over \$12,000!

**Thank you to our generous event sponsors!**

## Hope

Bron's Automotive INC.  
O'BEE Credit union

## Supporting

Capitol Medical Center  
Lucky Eagle Casino  
Puget Sound Energy  
South Sound Bank



Seahawks Mascot - Blitz, and Nikolaas Hanson



Patty Reardon, Chloe Sagara, Carrell Simmons, and Dottie Yarnell



David Echtle, Jennifer Roberts-Echtle, Shannon Grant, Ashley Labrador, and Mike Lindsay



Stephanie Stocker, Keoki Kauanoe, and Rachel Young

# Chopper Raffle

**ON DECEMBER 8, 2018**, we raffled of our 2004 Soft Tail Chopper, donated by Don Stevens hosted at NW Harley Davidson.

**Our Generous Sponsors!**

Don Stevens  
NW Harley Davidson  
Jay and Trista Mason



Santa and our 2004 Soft Tail Don Stevens Chopper



Kyler Locke from NW Harley Davidson, Shelly Willis, Executive Director and Heather Antanaitis



# Seeds of Hope Gala

**APRIL 13** was this year's Seeds of Hope Gala. It raised over \$69,000 and bringing 200 people together to learn, share and recommit to stopping child abuse.

Tara's speech described how she could have had a completely different life path if she had not had an opportunity for kinship placement. She emphasized that the Kinship Program was essential in planting 'Seeds of Hope', and those seeds for her were "bursting into dreams of college, travel and becoming a writer."



Lynn and Tara Urvina



Margaret and Glenn Hollinger



Elizabeth Bretschneider, Victoria Cunningham, Penny Larkins, Patricia Hart, and Janelle Guthrie



Olivia Zhou, Sabrina Craig, Laurie Berryman and Janice Mack Talcott.



Tuula and Bron Lindgren

Thank you to our  
generous event sponsors!

## Resilience

Harborstone Credit Union  
The Hanauer Family

## Hope

Blue Ribbon  
Carpet & Upholstery Cleaning  
Capital Medical Center  
Henderson Law Group  
Law office of Meredith Gerhart  
McDonalds - Tumwater, WA  
Molina Healthcare  
O'BEE Credit union  
Olympia Federal Savings

## In-kind

Alaska Airlines  
Holland America Line  
Panowicz  
Zimmerman Chiropractic

## Wine Sponsors

Ann Jackson  
Carlos Mejia Rodriguez  
Impressions Dentistry  
Jarrod Lee,  
Jensen Milner Cap City Law  
Judge James Dixon,  
Navigate Financial  
Tanya Murry  
Tim & Rebekah Timmer

# happiness

# Making a Difference

## Leadership Circle

\$25,000 plus

City of Tumwater/ Thurston County - Community  
Dawkins Charitable Trust  
Development Block Grant  
Employees Community Fund of Boeing  
Thomas Family Foundation

## Founders' Circle

\$10,000 - \$24,000

Nisqually Indian Tribe  
Community Fund of South Puget Sound  
The Community Foundation of South Puget Sound

## Benefactors

\$5,000 - \$9,999

MT62

## Contributors

\$1,000 - \$4,999

ABC Pediatrics  
David Beyer & Pam Hartman  
Alisha Blain  
Blue Ribbon Carpet Cleaning  
Bron's Automotive  
Capital Medical Center  
The Conduent Foundation  
Keli Drake\*  
Gateway Rotary Club  
Meredith Gerhart  
Meghan Goodman  
Scott & Vicki Hanauer  
Bonnie Jacques\*  
Ann R. Jackson\*  
Nancy Koptur  
Law Office of Meredith Gerhart  
Medina Foundation  
Molina Healthcare Washington  
Tanya Murray\*  
Network for Good  
O'BEE Credit Union  
Olympia Federal Savings  
The Peg & Rick Young Foundation  
Puget Sound Energy  
Rotary Club of Lacey

Rotary Club of Olympia  
Christine Schaller  
Stephanie Stocker  
Mark & Janet Streuli  
Squaxin Island Tribe  
Elizabeth Teeters  
Tim & Rebekah Timmer\*  
Total System Integrators  
Twin Star Credit Union  
Weyerhaeuser Foundation  
Tony Willis  
Zonta Club of Olympia

## Supporters

\$500 - \$999

Laurie Berryman  
Margaret Brost  
Victoria DeCelles  
Curt Garman  
Tom & Hye Kyang Garman  
Darcy Huffman  
Kathryn Hurley  
Impressions Dentistry  
Junior League of Olympia  
Carolyn Jones Morrison  
Nancy & Catherine LaPoint  
Lucky Eagle Casino & Resort  
Carlos Mejia Rodriguez & Nolvira Barahona\*  
Moore Law Group  
Jane Morgan  
Christen Peters  
Holly Scott Laukkenon  
Sunset Bath  
Kari Taylor  
Wee Love Learning  
Greg Zimmerman  
Olivia Zhou\*

## Teachers

\$100 - \$499

Rich Allen  
Robert & Heather Antanaitis  
Fred Baier  
Lisa Brodoff & Lynn Grotzky  
Jack Brummel  
Gary Burris  
Jason Cain  
Silvia Capmare

Catholic Community Services  
Centralia College  
Crystal Champion  
Richele Center  
Kenneth Clark  
Carlee Collins  
Sabrina Craig  
Daughters of Utah Pioneers  
Erika Davis  
Mike Dewitt  
James Dixon  
John Doan  
David Echtle & Jennifer Roberts\*  
Deborah Edden  
Gary Edwards  
Keith Eisner  
Jeffery Engle  
Lelian Feilds  
Rachelle Feilds  
Evan Ferber & Lynne Stockwell  
Mathew Ferrel  
Mary Ferris  
Maureen Fitzgerald  
Melissa Goldmann\*  
Shannon Grant  
Virginia Gunderson  
Janelle Guthrie  
Jon Halvorson  
Diana Hanson  
Scott Hanauer  
Nikolaas Hanson  
Patricia Hart  
Hilarie Hauptman  
Heart Sparkle Players  
John Hutchings  
Jessica Jensen  
Tisha Jones  
Andrew Kapust  
Keoki Kauano  
Curtis King  
Martin & Judith Kimeldorf  
John Carol Klack  
Esther & Richard Kletsch  
Lacey Presbyterian Church  
Landau Association  
Rachael Langen Lundmark  
Penny Larkins  
Bron & Tuula Lindgren  
Michael Lindsay

Janice Mack Talcott  
Jay & Trista Mason\*  
Thomas McDonald & Anne Hirsch  
Jack McRae  
Carolina Mejia  
Tye Menser  
Garry & Robin Mickelson  
Andrea Mikita  
Nicole Miller  
Jerry Milner  
Victor Minjares  
Thomas Moad  
Christine Moon  
David Newkirk  
Scott Nolan & Carmen Rowe  
North Thurston Public Schools  
Claire O'Neil  
Caprice Paduano  
Leslie Panowicz  
Mizanur Rahman  
David & Patricia Reardon  
Chanel Richards  
Anna Rittmueller  
Lynn Robinson  
Sandra Romero  
Allen Roth  
David & Kate Rothschild  
Jody Rush  
SAMBA OLYWA  
Megan Sanders  
Anna Sayre  
Norma Schuiteman  
Jeff Seeman  
Denise Steigers  
William & Gail Smith  
Tony Springer  
Suzanne Stillwell  
Timothy Stokes  
Timothy & Jan Suess  
Ann Syre  
Laurie Tebo  
Gretchen Thaller  
Indu Thomas  
Thurston Asset Building Coalition  
Sara Tobeck  
Jon & Marcia Tunheim  
Alan Tylor\*  
Julio & Kelli Valdenegro  
Brent Walz

Shelby Weeks  
Cailen Wevodau  
Mary Williams  
Jeff & Diane Wilmoth  
Mitchelin Wolff  
Ashley Worth  
Rodney Youckton  
Cyndi Zechmann

## In-Kind Supporters

gifts of \$100 or greater

Alaska Airlines  
Alderbrook Resort & Spa  
Altrusa International  
Karma Boardman  
Bernon Bonfiled  
Ronald Brooks  
Karen Chang Barr  
Evelyn Chantry  
Children's Museum of Tacoma  
Claus, Claus & Associates\*  
Perrin Davis  
Christopher Desmond\*  
Erika Davis  
Craig Dickson  
Dirty Dave's Pizza Parlor  
Discover Aquatics  
Disneyland  
The Firs  
Susan Fraisure  
Glacier Gun Club  
Indira Goins  
Great Wolf Lodge  
Haggen Foods  
Karen Hall  
Hands On Children's Museum  
Berenice Hartt- Plozas  
Katie Hatam  
Holland America Line  
Marcia Hosmun  
Jack Hanemann, P.S.  
Sheryl Jackson  
Janet Jansen  
Roger & Laurie Jones  
Jubilee Service Group  
Jarrod Lee\*  
Stacie Love  
Jamie Lucas  
Juanita Manibusan

# Children's Legacy Society

Mattel  
John Maxwell  
McMenamins  
Mixx 96 FM  
Museum of Pop Culture  
Olympia Regional Learning Academy  
Pacific Science Center  
Panowicz Jewelers  
Chad & Marie Pearson  
Natalie Phipps  
Quinault-Beach  
Stefanie Randolph  
Arun Rohila  
Salish Sea Organic Liqueurs  
Nicole Scioneaux  
Seattle Mariners  
Carrell Simmons  
Kattarina Simons  
South Sound Running  
South Sound YMCA  
Elaina Spangler  
Tacoma Comedy Club  
The Cheesecake Factory  
The Museum of Flight  
Total Wine & More  
Marc Vachon  
Rosa Venancio  
Jennifer Walker  
Jeff & Shelby Weeks  
White Pass Washington  
Margo Wilson  
Howard & Pat Winkler  
Linda Wolfe  
Women's Club of Olympia  
Brian Woods,  
Dottie Yarnell  
Zimmerman Chiropractic PS  
Zomalt, Natalie

\* Board Members

Members of the Children's Legacy Society have expressed their commitment to Family Education & Support Services through a planned gift such as a bequest or Charitable Remainder Trust. Thank you to these visionaries who have named Family Education & Support Services as the beneficiary of a planned gift.

Lisa Marie Garman\*

\* in memorandum

Thank you to Nancy Thomas and the Thomas Family Foundation for sponsoring our family resource library, dedicated in memory of Edward Thomas.

For more information on how you can make Family Education & Support Services part of your legacy, please contact the Development Office at (360) 754-7629.

## You Can Help

Here are a few of the many ways you can help. To learn more, please contact Heather Antanaitis, Development Director, [heather@familyess.org](mailto:heather@familyess.org) or (360) 754-7629.

- Make a donation
- Shop with AmazonSmile - just name Family Education & Support Services as the Beneficiary
- Include Family Education & Support Services in your estate planning
- Donate diapers, wipes, or gently used infant/children items (bottles, baby carriers, clothing, etc.)
- Volunteer
- Schedule a site visit to Family Education & Support Services with a friend
- Organize your school, business, or friends to hold a fundraiser or baby shower
- Host an informal gathering about Family Education & Support Services in your home

**Your support matters!**



“When I was very young, most of my childhood heroes wore capes, flew through the air, or picked up buildings with one arm. they were spectacular and got a lot of attention. But as I grew, my heroes changed, so that now I can honestly say that anyone who does anything to help a child is a hero to me.”

**Fred Rogers**





# Family Education & Support Services

6840 Capitol Blvd. SE; Bld.3 Tumwater, WA 98501

Join us in 2019-2020  
at these events

Strengthening Families:  
Growing Together  
September 19, 2019

Child Abuse Prevention Month  
April 2020

Seeds of Hope Gala  
May 1, 2020

[familyess.org](http://familyess.org)

*I focus on what I can do, and do my part*  
-Mother



THURSTON

MASON

LEWIS

GRAYS HARBOR

PIERCE