Annual report 2018.2019

Thurston
Regional Resilience Center
6840 Capitol Blvd. SE, Bld 3
Tumwater, WA 98501
360.754.7629

Mason
601 W. Franklin St.
Shelton, WA 98584
360.754.7629

Grays Harbor
1017 S. Boone St. #312
Aberdeen, WA 98520

Lewis (Satellite office)
800 S. Pearl St.
Centralia, WA 98531

Pierce (Satellite office)
Family Investment Center
at Salishan Tacoma Housing Authority

I know someone is willimg to listen, and then willing to help
-Mother

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**FAMILY EDUCATION & SUPPORT SERVICES IS GROWING.** Our Mission to ensure healthy development of children through the provision of quality family strengthening services has led us to expanded services across Washington’s South Sound.

Family Education and Support Services has nearly two decades of successful service provision in the South Puget Sound Region. Already serving Thurston, Lewis and Mason Counties this year we extended our offices to include Grays Harbor and southern Pierce Counties. We also initiated our efforts to launch our first “Center for Resilience” located in Tumwater, Washington.

It takes the collective efforts of our community to conquer complex social issues. Every day our dedicated staff and volunteers strive to make a difference for the health and well-being of children. From partnerships with early learning coalitions, youth serving organizations, and School Districts, to collaborations with those supporting employment, housing, senior living, food equity, and trauma informed practices-- we strive to build resilience for children, youth and families. FESS is a nonprofit organization where families, parents, and professionals can find help, support and training. This past year we served over 8,500 individuals. We also trained over 675 professionals representing 74 organizations in family support best practices. From specific trainings on Trauma Informed Approaches, Bully and Suicide Prevention, to inspirational presentations by nationally recognized speakers, we strive to promote healthy homes, and healthy communities.

To ensure all children thrive to their greatest potential it is essential we offer multiple approaches. FESS employs a wide range of evidence based trauma informed services that range from prevention to intervention. We serve all economic levels, genders, English and non-English speaking, with our youngest being pre-natal and our eldest being an 89 year old great grandparent. Child abuse and neglect is a complicated problem we are dedicated to ending. We know the fabric of our community is strongest when we work together, braid our resources and build strong and durable support networks. Please consider collaborating with Family Education and Support Services as we build strong resilient communities dedicated to the health and well-being of children.

Shelly Willis  
Executive Director

Alan Tyler  
Board President
Family Education & Support Services STAFF

OUR COMMUNITY

...what do you love?

“Our community comes with an immediate level of social and civil connection that helps to expedite meaningful relationships, it gives us all some awareness about others needs, and binds us together for the greater good of the whole on all levels.”

Kassie
PCAP (Parent Child Assistance Program)

“I have heard that when two different human hearts are close, after a brief time, they begin to beat in unison. Community is the conscious creative expression of humanity’s inherent interconnectedness; simply put we belong together”.

Anatha

“Algo que me gusta mucho en nuestra comunidad, es que hay personas que siempre estamos disponibles ayudar de cualquier manera”.

Rosa
Kinship

“...in seeing to the needs in others we realize we are not alone in our triumphs or failures, we share the same hopes, and doubts, and the needs we help fulfill in others are the same needs that need to be fulfilled in ourselves. So that collectively we share in each other’s state of grace.”

Keoki
Fatherhood

THANKS TO YOU

OUR STAFF SUPPORTS THE SOUTH PUGET SOUND EVERY DAY!

Annual report 2018.2019
Financial Information 2018.2019

Sources of Support $1,723,239

- Program Income $947,347 (55%)
- Private & Foundation Grants $233,710 (14%)
- Private Donations $128,577 (7%)
- Fundraiser Income $117,094 (7%)
- Direct Service Income $296,518 (17%)

Operating Expenses $1,622,987

- Program $1,423,720 (88%)
- Management & Administration $159,668 (10%)
- Fundraising $39,599 (2%)
Preventing Childhood Trauma
Family Education & Support Services’ prevention programs provide a wide array of evidence based services intended to bolster families before crisis happens. We help parents form strong, healthy attachments with their children, identify sources of support, and learn parenting strategies.

Our services include:
Free Parenting Classes, Support Groups, Family Resource Library, Emergent Services and Community Health & Safety Campaigns

Strengthening families through a research-informed approach to increase family strengths, enhance child development and reduce the likelihood of child abuse and neglect

97% of parenting class participants reported that the program taught them new, healthier information about parenting and child development expectations.

32 Free Community Parenting Classes offered in Spanish and English

“Thank you for giving us the opportunity to learn how to have better relationships with our children”
Program Participant
Healing Children & Families

My instructor helped me realize the value I bring to in my child’s life

-Father
Family Education & Support Services maintains trauma informed environments welcoming to diverse cultures, family types, and languages. We provide a wide array of evidence based strategies to help families heal from trauma and learn new coping skills for resilience.

**Programs include:**
- Home Visitation/ Parent Child Assistance Program (PCAP),
- Clean & Sober Parenting, Parenting Inside-out,
- OURR Employment Services, Father Engagement,
- Family Trauma & Transition, and
- Kinship/ Foster Navigation & Support

**Supporting families to build the five key protective factors that enable children to thrive:**
- Parental Resilience
- Social Connections
- Skills in Parenting and Knowledge of Child Development
- Concrete Support in times of need
- Social and Emotional Competence

77% of parents and caregivers received reduced or free classes based on a sliding fee scale
4,300 parents and caregivers attended parenting classes

“Family Education & Support Services has encouraged me to pursue my goals and because of that the sky is the limit for my son and me. I may not have been prepared to be a parent at age 17, but the program helped me create the kind of life and be the kind of mother that he deserves.”

Program Graduate
Building Resilient Communities
Family Education & Support Services is striving to create a community where teachers, parents and children work together to provide the strongest possible start for children. We are determined to create the social change necessary to support and strengthen every family and those who serve them.

Our services include:
School and Community based Parenting, and Professional Training, Guiding Good Choices, MRT Parenting and Family Values, Winning at Parenting, Triple ‘P’ Parenting and more...

Every child and family needs allies in their community. Family Education & Support Services is driving change in our community to support families, and improve outcomes.

50% of mental health disorders begin before the age of 14, affecting the learning and school experience for all children.

104 sites where Family Education & Support Services provided trauma informed training and/or consultation.

“I love the staff and how friendly and helpful everyone is and that they are able to provide me great service and help me succeed.”

Program Participant
Strengthening Families: Faces of Fatherhood

SEPTEMBER 13 was our annual “Strengthening Families” luncheon. Attendees spent an enjoyable afternoon at the Olympia Country & Golf Club and raised over $12,000!

Thank you to our generous event sponsors!

Hope
Bron’s Automotive INC.
O’BEE Credit union

Supporting
Capitol Medical Center
Lucky Eagle Casino
Puget Sound Energy
South Sound Bank

Chopper Raffle

ON DECEMBER 8, 2018, we raffled of our 2004 Soft Tail Chopper, donated by Don Stevens hosted at NW Harley Davidson.

Our Generous Sponsors!

Don Stevens
NW Harley Davidson
Jay and Trista Mason
APRIL 13 was this year’s Seeds of Hope Gala. It raised over $69,000 and bringing 200 people together to learn, share and recommit to stopping child abuse.

Tara’s speech described how she could have had a completely different life path if she had not had an opportunity for kinship placement. She emphasized that the Kinship Program was essential in planting ‘Seeds of Hope’, and those seeds for her were “bursting into dreams of college, travel and becoming a writer.”

Thank you to our generous event sponsors!

**Resilience**
- Harborstone Credit Union
- The Hanauer Family

**Hope**
- Blue Ribbon
- Carpet & Upholstery Cleaning
- Capital Medical Center
- Henderson Law Group
- Law office of Meredith Gerhart
- McDonalds - Tumwater, WA
- Molina Healthcare
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Making a Difference

Leadership Circle
$25,000 plus
City of Tumwater/Thurston County - Community
Dawkins Charitable Trust
Development Block Grant
Employees Community Fund of Boeing
Thomas Family Foundation

Founders’ Circle
$10,000 - $24,000
Nisqually Indian Tribe
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The Community Foundation of South Puget Sound

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MT62

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This list represents gifts made to Family Education & Support Services from July 1, 2018 through June 30, 2019. Every effort is made to be accurate. Please bring any errors or omissions to the attention of our Development Officer at (360) 754-7629. Thank you!
Members of the Children’s Legacy Society have expressed their commitment to Family Education & Support Services through a planned gift such as a bequest or Charitable Remainder Trust. Thank you to these visionaries who have named Family Education & Support Services as the beneficiary of a planned gift.

Lisa Marie Garman*
* in memorandum

Thank you to Nancy Thomas and the Thomas Family Foundation for sponsoring our family resource library, dedicated in memory of Edward Thomas.

For more information on how you can make Family Education & Support Services part of your legacy, please contact the Development Office at (360) 754-7629.

You Can Help

Here are a few of the many ways you can help. To learn more, please contact Heather Antanaitis, Development Director, heather@familyess.org or (360) 754-7629.

- Make a donation
- Shop with AmazonSmile - just name Family Education & Support Services as the Beneficiary
- Include Family Education & Support Services in your estate planning
- Donate diapers, wipes, or gently used infant/children items (bottles, baby carriers, clothing, etc.)
- Volunteer
- Schedule a site visit to Family Education & Support Services with a friend
- Organize your school, business, or friends to hold a fundraiser or baby shower
- Host an informal gathering about Family Education & Support Services in your home

Your support matters!

“When I was very young, most of my childhood heroes wore capes, flew through the air, or picked up buildings with one arm. They were spectacular and got a lot of attention. But as I grew, my heroes changed, so that now I can honestly say that anyone who does anything to help a child is a hero to me.”

Fred Rogers
I focus on what I can do, and do my part.

-Mother