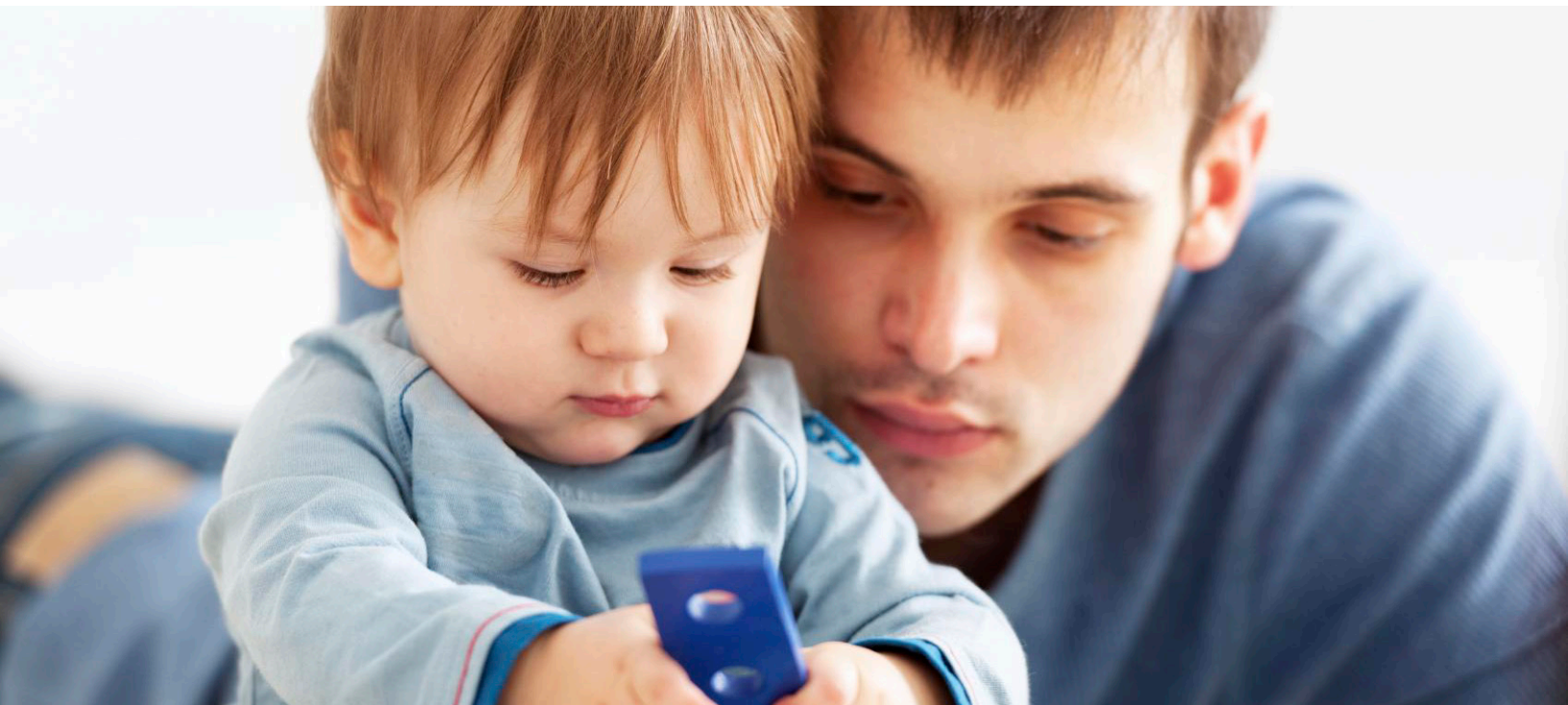


# Are you a Parent?



**FREE** - *must pre-register*

**Men's Program Begins**  
Thursday, January 18, 2018  
6 - 8pm

**Women's Program Begins**  
Friday, February 2, 2018  
10am - Noon

Attendance is appropriate for parents on parole or probation or parents with a history of substance abuse (such as Drug Court, Family Recovery Court, or other specialty courts), or involvement with the child welfare system and fulfills CPS and court mandated parenting class requirements

## **PARENTING INSIDE OUT**

Parenting Inside Out has a proven impact on reducing recidivism, improving family relationships and parenting skills, and supporting family reunification. Parenting Inside Out has helped thousands of parents rebuild their relationships with their children and families. This curriculum has been reviewed by SAMSHA and appears on the National Registry of Evidence-based Programs and Practices (NREPP). It is the highest rated evidence-based parenting program developed specifically for incarcerated and criminal justice involved parents. This series of trainings reflects both new research in trauma-informed interventions and gender-responsive interventions.

### **TOPIC WILL INCLUDE**

- Bullying
- Cyber Safety
- Age-appropriate media use

**Family Education & Support Services**  
1202 Black Lake Blvd, Olympia 98501

**Please Contact**  
360.754.7629 • [Familyess.org](http://Familyess.org)