



For parents and Professionals

PARENTING SEMINAR

ABOUT THE PRESENTER

Mary Sheedy Kurcinka, Ed.D is a bestselling author and internationally recognized lecturer and parent educator. Her books *Raising Your Spirited Child*, *Raising Your Spirited Child Workbook*, *Kids, Parents and Power Struggles*, and *Sleepless in America: Is Your Child Misbehaving or Missing Sleep?* have been translated into twenty-two languages. Recently she has earned a spot on Amazon's Top 25 Parent Education authors list.



Join us as we honor members from our community who have been nominated for their outstanding efforts on behalf of young children. The **Angel Awards** are intended to recognize individuals who have advocated, championed, and become change agents on behalf of young children. In addition to the awards ceremony you will have an opportunity to learn more about the Thurston Early Childhood Coalition, and hear from our inspirational speaker Mary Sheedy Kurcinka, Ed.D.

Raising Your Spirited Child

TOPICS WILL INCLUDE:

- What makes kids spirited
- Techniques to help you identify and focus on your child's strengths
- Effective discipline strategies for stopping the challenging behaviors
- How to be a family where spirit thrives

November 30, 2017
6:30 - 8:00 PM

SPSCC, Lacey Campus
4220 6th Ave SE, Lacey 98503

