

THURSTON-MASON BEHAVIORAL HEALTH Services

Mental Health & Substance Use Disorder (SUD)

ALTERNATIVES PROFESSIONAL COUNSELING *

Adult Outpatient SUD (Correctional only)
203 4th Avenue E, Olympia
360-357-7986

BEHAVIORAL HEALTH RESOURCES

Children, Youth, and Adult Mental Health
3857 Martin Way E, Olympia
110 West K Street, Shelton
360-704-7170 ♦ 800-825-4820
www.bhr.org

Pregnant and Parenting Women SUD
6128 Capitol Blvd. SE, Tumwater
110 West K Street, Shelton
360-704-7170 ♦ 800-825-4820

CAPITAL RECOVERY CENTER

Peer Support
1000 Cherry St SE, Olympia
360-357-2582 ♦ www.crcoly.org

CASCADE MENTAL HEALTH CARE CENTER

Adult and Youth Mental Health, and Adult SUD
135 W. Main Street, Centralia
360-330-9044 ♦ www.cascadementalhealth.org

CATHOLIC COMMUNITY SERVICES FAMILY PRESERVATION

Children's Mental Health, Wraparound and Crisis Stabilization
1011 SE 10th Avenue, Olympia
601 W. Franklin St, Shelton
360-878-8248 ♦ 888-322-7156
www.ccsww.org

COMMUNITY YOUTH SERVICES

Youth Mental Health and Multisystemic Therapy
711 State Avenue NE, Olympia
520 Pear Street, Olympia
601 W. Franklin St, Shelton
360-943-0780

EVERGREEN TREATMENT SOUTH SOUND CLINIC

Opiate Substitution (Methadone)
6700 Martin Way East, Suite 117, Olympia
360-413-6910 ♦ 888-764-7243
www.evergreentreatment.org/SSC.htm

NORTHWEST RESOURCES

Adult Outpatient SUD, Residential SUD (Adult Men),
Adult Mental Health
2708 Westmoor Court SW, Olympia
360-943-8810 ♦ www.nwrii.com

3773 Martin Way Suite 105, Olympia
360-688-7312

200 Lilly Road Suite C, Olympia ♦ 360-918-8336
235 S. 3rd, Shelton ♦ 360-426-0890

Intensive Case Management and Supportive Housing
360-791-0263

PIERCE COUNTY ALLIANCE

Thurston County Adult Drug Court
2400 Bristol Court, Olympia
360-357-3482

PROVIDENCE ST. PETER HOSPITAL

Adult and Older Adult Mental Health
413 Lilly Road NE, Olympia
360-493-7060 ♦ www.providence.org

Adult and Youth SUD

4800 College Street, Lacey
360-456-7575 ♦ 800-332-0465

SEA MAR COMMUNITY HEALTH CENTERS

Adult and Youth Outpatient Mental Health and Adult SUD, Spanish Speaking
6334 Littlerock Road SW, Tumwater
360-704-7590 ♦ www.seamar.org/

202 Cullens St NW, Yelm
360-400-4860

TRUE NORTH STUDENT ASSISTANCE & TREATMENT (ESD 113)

Youth SUD and Youth Mental Health Services in Mason County as well.
6005 Tyee Drive SW, Tumwater
360-464-6870 ♦ www.esd113.org

CRISIS SERVICES

EVALUATION AND TREATMENT FACILITY

Involuntary Treatment
3436 Mary Elder Road NE, Olympia
360-528-2590
Crisis Resolution
360-754-1338 ♦ 800-270-0041

TELECARE THURSTON-MASON CRISIS TRIAGE

Crisis inpatient for adults over 18 years of age
3285 Ferguson Street SW, Tumwater
360-943-1907

SUPPORT SERVICES

CRISIS CLINIC *

24 hour Phone Information and Referral
Crisis Line: 360-586-2800 ♦ 800-627-2211
Youth Help Line: 360-586-2777
www.crisis-clinic.org

FAMILY EDUCATION & SUPPORT SERVICES *

Parenting classes, support groups, home visitation
1202 Black Lake Blvd Suite B, Olympia
601 W. Franklin St, Shelton
360-754-7629 ♦ 877-813-2828
www.familyeducationandsupport.org

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) *

Support Groups, Education, and Advocacy
4305 Lacey Blvd Suite 28, Lacey
360-493-6021 ♦ www.namitm.org

OTHER RESOURCES

Alcoholics Anonymous—360-352-7344
www.aadistrict8.org

Apple Health—WA Healthplanfinder
855-923-4633 —www.wahealthplanfinder.org

Community Service Office (DSHS)
877-501-2233
www.dshs.wa.gov/onlinecso/applying.shtml

Division of Behavioral Health and Recovery (DBHR)—877-301-4577
www.dshs.wa.gov/dbhr

Mental Health Services —360-359-3346
Olympia Free Clinic—Wednesdays 5:30-8pm

National Institute on Drug Abuse
www.nida.nih.gov

National Institute of Mental Health
www.nimh.nih.gov

Partnership for Drug-Free Kids
855-DRUGFREE—www.drugfree.org

Suicide Prevention Lifeline
www.suicidepreventionlifeline.org/

Syringe (Needle) Exchange—360-709-3298
www.co.thurston.wa.us/health/personalhealth/clinics/SyringeExchange.html

Teen Link (WA Recovery Help Line)
866-833-6546—www.866teenlink.org

Washington Recovery Help Line
866-789-1511—warecoveryhelpline.org

CONTACT

If you have questions regarding behavioral health services or need additional copies of this brochure or an alternate format, please contact:

360-867-2509 or
gehrigt@co.thurston.wa.us

If you're looking for the Thurston-Mason BHO Ombuds, please contact:

360-867-2556 or 800-658-4105
ombuds@co.thurston.wa.us



412 Lilly Road NE
Olympia, WA 98506
Phone: (360) 867-2602
TTY: 7-1-1 or 1-800-833-6388
www.tmbho.org



**Behavioral Health
Publically Funded
Providers**