

Winning at Parenting Seminar



This Strengthening Families Event Sponsored by:



www.bgctc.org



www.FamilyESS.org



www.laceyrotary.org

Where: Boys & Girls Club 1105 Tracy Lane SE Lacey, WA 98503
(located off of Carpenter Road)

Time: 6:00 pm – 8:00 p.m. Light Dinner at 6:00 pm, Seminar/Child activities start at 6:30 pm

When: October 16th, 23rd, 30th, November 6th, 13th, 20th 2017

A light dinner will be provided at 6:00 pm, and adult/child groups will split up for class and activities for the kids at 6:30 pm. Supervision and activities for school aged kids will be provided by the Boys & Girls Club!

Cost is Free – Including supervision and activities for kids!

Winning at Parenting is intended to strengthen families by providing information, resources and an opportunity for parents to connect with each other. Throughout this 6-week class, group members share parenting strengths and identify areas for personal growth. The class combines discussion, lectures, group activities and the positive social support of peers to address common parenting concerns. Parents will receive a certificate of completion for this class.

For more information, directions and registration, contact: Staff at 360-956-0755;
(Childcare available by reservation only, Ages: Kindergarten – 11 years old)

We will also have other local agency resources available to share with families.

Topics for this 6 week course:

- Oct 16 - **Fairytale Families:** *Explore parenting philosophies and family expectations.*
- Oct 23 - **Children's Development:** *When will this stage end? Explore age appropriate behaviors.*
- Oct 30 - **Family Communication:** *How to talk so children will listen and listen when they talk.*
- Nov 6 - **Anger in the Home:** *Methods for managing anger with adults and children.*
- Nov 13 - **Setting Limits With Children:** *New ideas that may work in your home.*
- Nov 20 - **Managing Family Stress:** *Explore concepts to keep your family healthy.*