

**FAMILY EDUCATION AND SUPPORT SERVICES PRESENTS:**

# **Dynamic Dads**

**An Evidence Based Class for Fathers**

## **CLASS DESCRIPTION**

This parenting class for fathers is based on the “Nurturing Fathers” Curriculum.

An opportunity for men to grow in the company of other men on a pathway to becoming “Dynamic Dads”.

*The more we understand about the complexities shaping our children’s healthy development, the clearer the understanding becomes regarding the value of positive father involvement. Fathers can, and do, play a significant role in the healthy development of children.*

~~UPON COMPLETION OF THIS PROGRAM YOU WILL BE GIVEN A CERTIFICATE OF COMPLETION.~~

THIS CLASS IS PRESENTED BY A CERTIFIED PARENTING INSTRUCTOR.

### **FESS DYNAMIC DADS LOCATION & TIME**

**Transit Community Center  
601 W Franklin Street  
Shelton, WA 98584**

### **Call for Enrollment!**

*This is not an ongoing class -  
Please call for start dates for the next class or  
Check the “Classes Tab” online! Pre-registration is required!*



## **CLASS TOPICS**

A “Nurturing Fathers” workbook is used in class and is supplemented with discussion and presentations. This class will be covering:

- \* *Roots of Fathering*   \* *Self Nurturing Skills*   \* *Fathering without Fear or Violence*
- \* *Self Care & Stress Management*   \* *The Value of Play*   \* *Balancing Work & Family*
- \* *Nurturing Relationships & Creating and Sustaining Healthy Environments*
- \* *Child Development & Realistic Expectations*   \* *Discipline & Guidance Techniques*
- \* *Conflict Resolution/Anger Management*   \* *Community Resources*

\*MORE INFORMATION ON REVERSE SIDE\*

## REGISTRATION INFORMATION

Please contact us for class cost. The fee may be reduced for those whose income can be verified to fall below poverty guidelines or you may qualify for a referral from DSHS. Examples of income verification are Paycheck stubs, SSI or financial assistance documentation.

### 1 COLLEGE CREDIT OFFERED!

**Details will be discussed at Orientation for receiving one college credit for this class through The South Puget Sound Community College!**

To register, call 360-754-7629, toll free, 1-877-813-2828 or go online at [FamilyESS.org](http://FamilyESS.org).

FESS is a contracted provider of parenting classes with DSHS Children's Services Provider #986151



### ADDITIONAL INFORMATION

All participants registered will be screened prior to class to avoid conflicts in attendance.

No child care is provided.

No food/beverages are provided but you

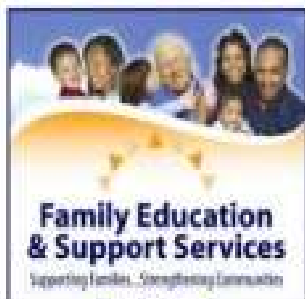
**Family Education and Support Services is located at:**

**1202 Black Lake Blvd. # B Olympia, WA 98502**

**Phone: 360-754-7629 or toll free at 1-877-813-2828**

**Visit us at: [www.FamilyESS.org](http://www.FamilyESS.org) for this more information**

**FESS is an equal opportunity service provider and does not discriminate on the basis of race, color, religion, national origin, age marital status, sexual orientation or disability.**



Our mission is:

"To inspire healthy child development through the provision of quality family support services."

**Dynamic Dads is Presented by FESS and is sponsored by WA State Department of Early Learning.**

