



Lewis-Mason-Thurston Area Agency on Aging

# **CAREGIVER SUPPORT GROUPS**

## **Thurston County**

### **Family Caregiver Support Group**

First United Methodist Church of Olympia  
1224 Legion Way SE, Olympia  
Meets in Room 222 of the Church  
Third Tuesday of every Month,  
5:30pm - 7pm  
Contact: (360) 943-2661

### **South Sound Care Connection**

**Support Group:** \*Alzheimer's, \*Memory Loss,  
\*Adult Children  
Meets in the lobby of the  
Olympia Senior Center  
222 Columbia Street NW  
Third Thursday of every month, 6pm - 8pm  
Contact: (360) 586-4491

### **\*Alzheimer's, \*Memory Loss, \*Spouses/ Partners**

St. Mark Lutheran Church  
2109 College St SE, Lacey  
Park in rear lot, enter through back door  
Fourth Friday of every month, 1pm - 3pm  
Contact: (360) 413-9106

### **NAMI Family Support**

Providence St. Pete's Emilie Gamelin Pavilion  
2nd/4th Wednesday every month, 6-8pm  
Contact: (360) 486-4190

### **Parkinson's Disease Support Group**

for patients (caregivers welcome)  
Weekly on Wednesday, 11am - 12noon  
Meets @ OLYMPIA Community Center  
222 Columbia Street NW  
Olympia, WA 98501  
Contact: (360) 705-8520

### **Cancer Survivor Support Group**

Thursdays, twice per month  
Lobby of Providence Regional Cancer System  
- Lacey  
\*Registration required  
4525 Third Ave SE, Suite 200  
Contact: (360) 789-7576

### **Stroke Club**

For survivors, family members, & caregivers  
Providence St. Pete's Emilie Gamelin Pavilion  
2nd Sunday of every month, 3:00pm  
Contact: (360) 705-0934

### **Brain Injury Support Group**

For survivors, family members, & caregivers  
Providence St. Pete's Bldg #2  
Conference Room  
2nd Tuesday of every month, 6-7:30pm  
Contact: (360) 878-7240

[www.LMTAAA.org](http://www.LMTAAA.org)

Family Caregiver Support Program (888) 545-0910

## Lewis County

### **Alzheimer's Support Group**

Cooks Hill Community Church  
2400 Cooks Hill Rd. Centralia  
Second Saturday of every month  
10:30am - 12noon  
Contact: (360) 736-6133  
Must call facilitator prior to attending.

### **Brain Injury Support Group**

Providence Centralia Hospital  
First Tuesday of every month, 5pm - 7pm  
Contact: (360) 864-4341

### **Cancer Support Group**

for Patients and Caregivers  
Radiant Care  
2015 Cooks Hill Rd., Centralia  
Third Tuesday of every month,  
5:30pm - 6:30pm  
\*Also runs a separate monthly BREAST  
CANCER support group for both Patients  
and Caregivers

### **Diabetic Support Group**

1010 S. Scheuber Rd, Centralia 98531  
Meets on the second floor in the  
conference room.  
First Thursday of every month  
Contact: (360) 807-7907

### **NAMI Family Support**

Chehalis Library  
Third Tuesday of every month  
5:30pm-7:30pm  
Contact: (360) 736-5319  
Centralia Timberland Library  
Tuesdays, 2:00pm - 3:00pm  
Contact: (253) 273-6035

### **Parkinson's Support Group**

Bethel Church  
132 Kirkland Rd, Napavine  
Second Thursday of every month,  
meets at 1:00pm  
Contact: (360) 740-5556

## Mason County

### **Cancer Support Group**

First Sunday of every month  
10 - 11am  
Faith Lutheran Church  
1212 Connection Street  
Contact: (360) 426-8611

### **Diabetes Support Group - ALLYN**

Fourth Thursday of every month  
1pm - 2pm, Port of Allyn Building  
Contact: (360) 427-7332

### **Diabetes Support Group - SHELTON**

Third Thursday of every month  
(except July & Aug.) 1pm - 2pm  
Mason General Hospital, Ellinor Room

### **Parkinson's Support Group**

900 W. Alpine Way  
Second Tuesday of every month  
12:30pm - 3:00pm  
Contact: (360) 426-6194

### **Prostate Cancer Awareness & Support Group**

for Men & significant others  
Last Monday of every month  
7pm - 8:30pm  
Mason General Hospital Skokomish Room  
Contacts:  
Bill (360) 426-2486  
Jim (360) 426-0266  
Dick (360) 427-6875

# Pierce County & Phone Support

## **PIERCE COUNTY**

### **Breast Cancer Caregiver Support Group**

Multicare Regional Cancer Center  
2nd and 4th Tuesday of every month  
6-8pm  
1003 S. 5th Street, Tacoma  
Contact: (800) 200-2383

### **Caregiver's Support Group**

Good Samaritan Behavioral Health  
Second Monday of every month,  
meets at 1:30pm  
Contact: (253) 697-8533

### **Family Caregiver's Support Group**

Asia Pacific Cultural Center  
4851 South Tacoma Way  
Second Friday of every month  
Two groups: 10:30 am - Noon & 1-2:30  
Contact:(253) 922-3221

### **Family Caregiver's Support Group**

Good Samaritan Behavioral Health Center  
325 E. Pioneer Ave.  
Meets the third Tuesday of every month  
5- 6:30 pm  
Contact:(253) 697-8575

### **Parkinson's Disease Support Group**

325 E. Pioneer, Puyallup, WA  
Contact: (253) 697-8539

## **TELEPHONE SUPPORT**

### **Parkinson's Telephone Support Group**

Third Tuesday of every month,  
3<sup>rd</sup> Tuesday 7:30-9pm  
1-866-453-5550

### **Alzheimer's Association 24/7 Helpline**

(800) 272-3900

### **VA Caregiver Support Line**

(855) 260-3274

Last update September 2014