

**FAMILY EDUCATION AND SUPPORT SERVICES PRESENTS:**

# **Dynamic Dads**

**An Evidence Based Class for Fathers**

## **CLASS DESCRIPTION**

**This parenting class for fathers based on the “Nurturing Fathers” Curriculum.**

**An opportunity for men to grow in the company of other men on a pathway to becoming “Dynamic Dads”.**

*The more we understand about the complexities shaping our children’s healthy development, the clearer the understanding becomes regarding the value of positive father involvement. Fathers can, and do, play a significant role in the healthy development of children.*

**~~UPON COMPLETION OF THIS PROGRAM YOU WILL BE GIVEN A CERTIFICATE OF COMPLETION.~~**

**THIS CLASS IS PRESENTED BY A CERTIFIED PARENTING INSTRUCTOR.**

### **FESS DYNAMIC DADS LOCATION & TIME**

**FESS Office  
1202 Black Lake Blvd Suite B  
Olympia, WA 98502**

## ***Call For Enrollment!***

*This is not an ongoing class -  
Please call for start dates for the next class or  
Check the “Classes Tab” online! Pre-registration is required!*



## **CLASS TOPICS**

**A “Nurturing Fathers” workbook is used in class and is supplemented with discussion and presentations. This class will be covering:**

- \* Roots of Fathering   \* Self Nurturing Skills   \* Fathering without Fear or Violence**
- \* Self Care & Stress Management   \* The Value of Play   \* Balancing Work & Family**
- \* Nurturing Relationships & Creating and Sustaining Healthy Environments**
- \*Child Development & Realistic Expectations   \* Discipline & Guidance Techniques**
- \* Conflict Resolution/Anger Management   \*Community Resources**

**\*MORE INFORMATION ON REVERSE SIDE\***

## REGISTRATION INFORMATION

Please contact us for class cost. The fee may be reduced for those whose income can be verified to fall below poverty guidelines or you may qualify for a referral from DSHS. Examples of income verification are Paycheck stubs, SSI or financial assistance documentation.

### 1 COLLEGE CREDIT OFFERED!

**Details will be discussed  
at Orientation for receiving one  
college credit for this class through  
The South Puget Sound  
Community College!**

To register, call 360-754-7629 -  
Toll Free at 1-877-813-2828 or  
Go online to [FamilyESS.org](http://FamilyESS.org)

FESS is a contracted provider of  
parenting classes with DSHS  
Children's Services Provider #986151



### ADDITIONAL INFORMATION

All participants registered will be  
screened prior to class to avoid conflicts  
in attendance.

No child care is provided.

No food/beverages are provided but you  
may bring snacks/coffee/water/pop.

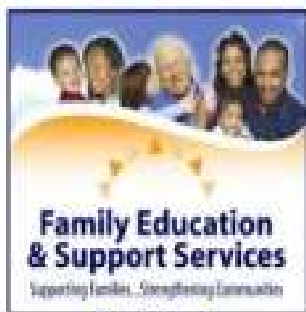
**Family Education and Support Services is located at:**

**1202 Black Lake Blvd. # B Olympia, WA 98502**

**Phone: 360-754-7629 or toll free at 1-877-813-2828**

**Visit us at: [www.FamilyESS.org](http://www.FamilyESS.org) for this more information**

FESS is an equal opportunity service provider and does not discriminate on the basis of race, color, religion, national origin, age marital status, sexual orientation or disability.



Our mission is:

"To inspire healthy child development  
through the provision of quality family support services."

**Dynamic Dads  
is Presented by FESS  
and is sponsored by  
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of Early Learning.**

