

FAMILY EDUCATION AND SUPPORT SERVICES PRESENTS:

Dynamic Dads

An Evidence Based Class for Fathers

CLASS DESCRIPTION

This parenting class for fathers is based on the “Nurturing Fathers” Curriculum.

An opportunity for men to grow in the company of other men on a pathway to becoming “Dynamic Dads”.

The more we understand about the complexities shaping our children’s healthy development, the clearer the understanding becomes regarding the value of positive father involvement. Fathers can, and do, play a significant role in the healthy development of children.

~~UPON COMPLETION OF THIS PROGRAM YOU WILL BE GIVEN A CERTIFICATE OF COMPLETION.~~

THIS CLASS IS PRESENTED BY A CERTIFIED PARENTING INSTRUCTOR.

FESS DYNAMIC DADS LOCATION & TIME

**Mason County United Way
724 Railroad Ave W
Shelton, WA 98584**

Call for Enrollment!

*This is not an ongoing class -
Please call for start dates for the next class or
Check the “Classes Tab” online! Pre-registration is required!*



CLASS TOPICS

A “Nurturing Fathers” workbook is used in class and is supplemented with discussion and presentations. This class will be covering:

- * *Roots of Fathering* * *Self Nurturing Skills* * *Fathering without Fear or Violence*
- * *Self Care & Stress Management* * *The Value of Play* * *Balancing Work & Family*
- * *Nurturing Relationships & Creating and Sustaining Healthy Environments*
- * *Child Development & Realistic Expectations* * *Discipline & Guidance Techniques*
- * *Conflict Resolution/Anger Management* * *Community Resources*

MORE INFORMATION ON REVERSE SIDE

REGISTRATION INFORMATION

Please contact us for class cost. The fee may be reduced for those whose income can be verified to fall below poverty guidelines or you may qualify for a referral from DSHS. Examples of income verification are Paycheck stubs, SSI or financial assistance documentation.

1 COLLEGE CREDIT OFFERED!

**Details will be discussed
at Orientation for receiving one
college credit for this class through
The South Puget Sound
Community College!**

To register, call 360-754-7629, toll free, 1-877-813-2828 or go online at FamilyESS.org.

FESS is a contracted provider of parenting classes with DSHS Children's Services Provider #986151



ADDITIONAL INFORMATION

All participants registered will be screened prior to class to avoid conflicts in attendance.

No child care is provided.

No food/beverages are provided but you may bring snacks/coffee/water/pop.

Family Education and Support Services is located at:

1202 Black Lake Blvd. # B Olympia, WA 98502

Phone: 360-754-7629 or toll free at 1-877-813-2828

Visit us at: www.FamilyESS.org for this more information

FESS is an equal opportunity service provider and does not discriminate on the basis of race, color, religion, national origin, age marital status, sexual orientation or disability.



Our mission is:

"To inspire healthy child development through the provision of quality family support services."

**Dynamic Dads
is Presented by FESS
and is sponsored by
WA State Department
of Early Learning.**

