

FAMILY EDUCATION AND SUPPORT SERVICES PRESENTS:

PARENTING AND FAMILY VALUES

A Moral Reconciliation Therapy Curriculum

CLASS DESCRIPTION

This “Parenting and Family Values” program is designed to address past parenting behaviors, present family interactions, and assist parents in planning for a healthy family future.

~~UPON COMPLETION OF THIS PROGRAM YOU WILL BE GIVEN A CERTIFICATE OF COMPLETION.~~

THIS CLASS IS PRESENTED BY A CERTIFIED PARENTING INSTRUCTOR.

Parenting and Family Values, an evidence based parenting curriculum, has an open enrollment allowing participants to enter and exit as they work through the material.

FESS MRT CLASS LOCATION & TIME

**Transit Community Center
601 W Franklin Street
Shelton, WA 98584**

**Every Thursday Evening from 6:00pm to 8:00pm
(1st Time Orientation 5:45 pm)**

Contact 360-754-7629 to Register for this Class!



CLASS TOPICS

An MRT (Moral Reconciliation Therapy Curriculum) workbook is used in class and is supplemented with discussion and presentations. We will be covering:

- * Realistic Family Expectations*
- * Healthy Child Development*
- * Family Communication*
- * Anger Management*
- * Setting limits with Children*
- * Discipline & Guidance*
- * Managing Family Stress*
- * Creating and Sustaining Healthy Environments*
- * The Long-term Impact of Parental Conflict on Children*
- * Early Brain Development*

MORE INFORMATION ON REVERSE SIDE

REGISTRATION INFORMATION

Please contact us for class cost. The fee may be reduced for those whose income can be verified to fall below poverty guidelines or you may qualify for a referral from DSHS. Examples of income verification are Paycheck stubs, SSI or financial assistance documentation.

1 COLLEGE CREDIT OFFERED!

**Details will be discussed
at Orientation for receiving one
college credit for this class through
The South Puget Sound
Community College!**

**To register, call 360-754-7629 -
Toll Free at 1-877-813-2828 or
Go online to FamilyESS.org**

**FESS is a contracted provider of
parenting classes with DSHS
Children's Services Provider #986151**

ADDITIONAL INFORMATION

**All participants registered will be
screened prior to class to avoid
conflicts in attendance.**

No child care is provided.

**No food/beverages are provided but
you may bring a snack or coffee/water/
pop.**



**Family Education and Support Services is located at
1202 Black Lake Blvd. # B Olympia, WA 98502**

Phone: 360-754-7629 or toll free at 1-877-813-2828

Visit us at: www.FamilyESS.org for this & more information

**FESS is an equal opportunity service provider and does not discriminate on the basis of race, color,
religion, national origin, age marital status, sexual orientation or disability.**



Our mission is:

**"To inspire healthy child development
through the provision of quality family support services."**

**Parenting and Family Values
is Presented by FESS,
in collaboration with
United Way of Mason County**

LIVE UNITED



**United Way
of Mason County**